



IMIYALELO YESIMO ESIPHUTHUMAYO NGE-ANAPHYLAXIS

INALITHI NESIRINJI

ISILINGANISO SINALOKHU.....

- Vula isirinji
- Faka Inalithi Eluhlaza Okwesibhakabhaka
- Vula I-Adrenaline
- Phakamisa I-Adrenaline
- Bamba isirinji inalithi uyibhekise phezulu: umoya uzoba kwisirinji
- Nyakazisa isirinji kuze kuba umoya uba phezulu
- Futha ukhiphe umoya
- Khipha i-adrenaline kuze kuba isilingani esifanele sisala kwisirinji
- Hlaba inalithi iqonde ibheke phansi kwithangangaphezulu
- Hlaba esicutshini ukuze ufake umuthi.

I-EPIPEN/EPIPEN JNR

- Qhwabaza uvule isivalo se-Epipen esiphuzi noma esiluhlaza okotshani
- Khipha i-Epipen ngokuyihoshula eshubhini eliyifakile.
- Ngesinye isandla sakho donsa le nto yokuphepha enombala oluhlaza okwesibhakabhaka
- Yibambe uyiqinise i-Epipen kube sengathi ufumbe inqindi, bese kuthi ichopho elinombala owolinibheke phansi.
- Bamba ichopho eliwolintshi eduze nengaphandle kwethanga.
- Nyakazisa bese uyiphushela ethangeni kuze kuba kukhala umsindo othile ukuze lento ime ithi mpo ethangeni (ibe ngu-90 degrees).

QAPHELA: I-AUTO-INJECTOR YENZELWE UKUTHI IKWAZI UKUSEBENZA YIZE UMUNTU EGQOKILE.

- Bamba i-EpiPen uyiqinise uyicindezele ethangeni imizuzwana eyi-10 ukuze kungene umuthi.
- Susa i-Pen ethangeni.
- Isivalo senalithi esiphuzi siyokweluleka ukuvala inalithi.

ILUNGELO LOBUNIKAZI: YI-ALLERGY SOCIETY OF SOUTH AFRICA

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Izihumusho zixhaswe yi-CIPLA