



health

Department:
Health
REPUBLIC OF SOUTH AFRICA

DEPARTMENT OF HEALTH
AFFORDABLE MEDICINES: LICENSING UNIT
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V2, 22 March 2017

**PRIMARY CARE DRUG THERAPY LIST ALIGNED TO THE
STANDARD TREATMENT GUIDELINES AND ESSENTIAL MEDICINES LIST**

NOTE: It is incumbent upon the permit holder to remain abreast of revisions and updates of the Standard Treatment Guidelines and Essential Medicines List

CONDITION ICD 10 CODE NOTES

PRIMARY HEALTH CARE LEVEL STGS AND EML, 2014

Gastro-intestinal conditions

Diarrhoea, chronic, in adults (Giardiasis)	A07.1/ K52.9	This is treatment of Diarrhoea for more than two weeks. The standard treatment guidelines requires that the practitioner provides empiric treatment for giardiasis before referring patients.
Nausea and vomiting, non-specific	R11	
Dyspepsia, heartburn and indigestion	K30/R12	Practitioner to provide standard treatment as per standard treatment guidelines for 14 days and if symptoms recur after 14 days, refer to a doctor.

Skin conditions

Acne vulgaris	L70.0	
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Obstetrics and gynaecology

Dysmenorrhoea	N94.4 - N94.6	
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Family planning

Contraception, injectable	Z30.0/ Z30.4	Injection technique is part of the PCDT training. The administration of injections is routine practice.
Contraception, oral	Z30.0/ Z30.4	

Kidney and urological disorders: urinary tract infection

Uncomplicated cystitis (Adults)	N30.0/ N30.9	
Complicated cystitis (Adults)	N30.0-4/ N30.8/ N30.9	
Complicated cystitis for pregnant women	O23.1	

Infections and related conditions

Pyrexia (= Fever in EDL)	R50.0/ R50.1/ R50.8/ R50.9	Antipyretic agents are not indicated with the sole aim of reducing body temperature in children and adults with fever
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Musculoskeletal conditions

Gout, acute	M10.00 - 09/ M10.90 - 99	
Osteoarthritis	M13.00-19/M13.80-99/M15.0/M15.3/M15.8/M15.9/ M16.0-9/M18.0-5/M18.9/M19.00-09/M19.20-9/M19.80-M19.99	
Rheumatoid Arthritis	M05.90-99/M06.90-99	

Respiratory conditions

Acute bronchitis in adults and adolescents	J20.9	
Pneumonia uncomplicated in adults (exclusions paediatrics and over 65 years)	J18.0-2/J18.8-9	
Acute asthma & acute exacerbations of COPD	J46/J45.9	
Chronic Asthma	J45.0/J45.1/J45.8/J45.9	If control is inadequate refer to doctor



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CONDITION	ICD 10 CODE	NOTES
Eye conditions: bacterial eye infections		
Conjunctivitis, bacterial (excluding conjunctivitis of the newborn)	H10.0/H10.2-5/H10.8-9	
Ear, nose and throat conditions		
Otitis externa	H60.0/H60.3/H60.5/H60.9	
Otitis media, acute	H65.0/H65.1/H65.9/H66.0/H66.9	
Sinusitis, acute, bacterial	J01.0-4/J01.8-9	
Tonsillitis and pharyngitis	J02.0/J02.8-9/J03.0/J03.8-9	
Pain		
Acute pain control - Mild Pain	R52.0/ R52.9	
Trauma and emergencies		
Animal and human bites	S01.0-9/S11.0-2/S11.7-9/S21.0-2/S21.7-9/S31.0-5/S31.7-8/S41.0-1/S41.7-8/S51.0/S51.7-9/S61.0-1/S61.7-9/S71.0-1/S71.7-8/S81.0/S81.7-9/S91.0-3/S91.7/ T01.0-3/T01.6/T01.8-9/T09.1/T11.1/T13.1/T14.0-1/A82.0-1/A82.9/Z24.2/Z20.3 + External Cause Code (W,X,Y,Z)	
Insects stings and spider bites	T63.2/3/4 + External Cause Code (V,W,X,Y)	
Anaphylaxis	R57.9/T78.0-3/T80.5/T88.6	
HIV Prophylaxis, Post Exposure (PEP)		
Occupational Post Exposure HIV Prophylaxis for healthcare worker (HCW)	Z20.6 + Z29.8 + S61.0/Z57.8/X58.92/W46.22	
Vaccines		
Immunisation	Z23.2/Z23.5/Z23.8/Z24.0/Z24.4/Z24.6/Z25.1/Z25.8/Z27.8	
Cardiovascular conditions		
Angina pectoris, unstable	I20.0	
Hypertensive emergencies in adults	I10	
Hypertension in adults	I10	Refer to doctor after 6 months
Diabetes and Epilepsy		
Type 1 Diabetes in adults	E.10.9	Refer to doctor after 6 months
Type 2 Diabetes in adults	E11.9	Refer to doctor after 6 months
Central Nervous System Conditions		
Epilepsy in adults	G40.0-9	Refer to doctor after 6 months
ADULT HOSPITAL LEVEL STGS AND EML, 2015		
Systemic and Nosocomial Infections		
Tick bite fever	A79.9	