

# HEALTHMAN PHYSIOTHERAPY COSTING GUIDE 2012

## COMPARATIVE TARIFFS

| Code  |      | 2012            | 2012                                | 2012     | 2012                           | 2012     | 2012                                |                  |
|---|---|-----------------|-------------------------------------|----------|--------------------------------|----------|-------------------------------------|------------------|
|   |   | Scheme<br>Units | Discovery<br>Tariffs<br>(VAT incl.) | DH RCF   | GEMS<br>Tariffs<br>(VAT Incl.) | GEMS RCF | Medscheme<br>Tariffs<br>(VAT Incl.) | Medscheme<br>RCF |
|   |   | <u>R</u>        | <u>R</u>                            | <u>R</u> | <u>R</u>                       | <u>R</u> | <u>R</u>                            | <u>R</u>         |
| <b>1 RADIATION THERAPY / MOIST HEAT / CRYOTHERAPY</b> |   |                 |                                     |          |                                |          |                                     |                  |
| 001   | Infra-red, Radiant heat, Wax therapy Hot packs  | 5.0             | 35.20                               | 7.04     | 36.20                          | 7.24     | 35.60                               | 7.12             |
| 005   | Ultraviolet light   | 10.0            | 70.60                               | 7.06     | 72.30                          | 7.23     | 71.20                               | 7.12             |
| 006   | Laser beam  | 15.0            | 105.80                              | 7.05     | 108.50                         | 7.23     | 106.80                              | 7.12             |
| 007   | Cryotherapy   | 5.0             | 35.20                               | 7.04     | 36.20                          | 7.24     | 35.60                               | 7.12             |
| <b>2 LOW FREQUENCY CURRENTS</b>                       |   |                 |                                     |          |                                |          |                                     |                  |
| 103   | Galvanism, Diodynamic current, Tens.  | 10.0            | 60.50                               | 6.05     | 72.30                          | 7.23     | 71.20                               | 7.12             |
| 105   | Muscle and nerve stimulating currents.  | 12.0            | 72.40                               | 6.03     | 86.80                          | 5.79     | 85.50                               | 7.13             |
| 107   | Interferential Therapy.   | 10.0            | 70.60                               | 7.06     | 72.30                          | 7.23     | 71.20                               | 7.12             |
| <b>3 HIGH FREQUENCY CURRENTS</b>                      |   |                 |                                     |          |                                |          |                                     |                  |
| 201   | Shortwave diathermy.  | 5.0             | 47.00                               | 9.40     | 36.20                          | 7.24     | 35.60                               | 7.12             |
| 203   | Ultrasound.   | 10.0            | 70.60                               | 7.06     | 72.30                          | 7.23     | 71.20                               | 7.12             |
| 205   | Microwave.  | 5.0             | 47.00                               | 9.40     | 36.20                          | 7.24     | 35.60                               | 7.12             |
| <b>4 PHYSICAL MODALITIES</b>                          |   |                 |                                     |          |                                |          |                                     |                  |
| 300   | Vibration   | 10.0            | 70.60                               | 7.06     | 72.30                          | 7.23     | 71.20                               | 7.12             |
| 301   | Percussion  | 16.1            | 97.10                               | 6.03     | 116.50                         | 5.83     | 114.70                              | 7.12             |
| 302   | Massage   | 10.0            | 60.50                               | 6.05     | 72.30                          | 3.62     | 71.20                               | 7.12             |
| 303   | Myofacial release/soft tissue mobilisation, one or more body parts                    | 20.1            | 120.90                              | 6.02     | 145.30                         | 4.84     | 143.20                              | 7.13             |
| 304   | Acupuncture   | 15.0            | 105.80                              | 7.05     | 108.50                         | 7.23     | 106.80                              | 7.12             |
| 305   | Re-education of movement/Exercises (excluding ante- and post-natal exercises)         | 10.0            | 60.50                               | 6.05     | 72.30                          | 7.23     | 71.20                               | 7.12             |
| 307   | Pre- and post-operative exercises and/or breathing exercises                          | 10.0            | 60.50                               | 6.05     | 72.30                          | 7.23     | 71.20                               | 7.12             |
| 308   | Group exercises (excluding ante- and post-natal exercises - maximum of 10 in a group) | 10.0            | 60.50                               | 6.05     | 72.30                          | 7.23     | 71.20                               | 7.12             |
| 309   | Isokinetic treatment.   | 10.0            | 70.60                               | 7.06     | 72.30                          | 7.23     | 71.20                               | 7.12             |

|  |  |      |        |      |        |      |        |      |
|--|--|------|--------|------|--------|------|--------|------|
| 310  | Neural tissue mobilisation   | 20.0 | 120.50 | 6.03 | 144.60 | 7.23 | 142.30 | 7.12 |
| 313  | Ante and post natal exercises/counselling  | 10.0 | 70.60  | 7.06 | 72.30  | 7.23 | 71.20  | 7.12 |
| 314  | Lymph drainage   | 5.0  | 35.20  | 7.04 | 36.20  | 7.24 | 35.60  | 7.12 |
| 315  | Postural drainage.   | 10.0 | 70.60  | 7.06 | 72.30  | 7.23 | 71.20  | 7.12 |
| 317  | Traction.  | 10.0 | 70.60  | 7.06 | 72.30  | 7.23 | 71.20  | 7.12 |
| 318  | Upper respiratory nebulisation and/or lavage   | 10.0 | 60.50  | 6.05 | 72.30  | 7.23 | 71.20  | 7.12 |
| 319  | Nebulisation   | 10.0 | 70.60  | 7.06 | 72.30  | 7.23 | 71.20  | 7.12 |
| 321  | Intermittent positive pressure ventilation.  | 10.0 | 70.60  | 7.06 | 72.30  | 7.23 | 71.20  | 7.12 |
| 323  | Suction: Level 1 (including sputum specimen taken by suction)  | 5.0  | 35.20  | 7.04 | 36.20  | 7.24 | 35.60  | 7.12 |
| 325  | Suction: Level 2 (Suction with involvement of lavage as a treatment in a special unit situation or in the respiratory compromised patient)   | 20.1 | 120.90 | 6.02 | 145.30 | 5.81 | 143.20 | 7.13 |
| 327  | Bagging (used on the intubated unconscious patient or in the severely respiratory distressed patient).   | 5.0  | 35.20  | 7.04 | 36.20  | 7.24 | 35.60  | 7.12 |
| 328  | Dry needling   | 15.0 | 105.80 | 7.05 | 108.50 | 7.23 | 106.80 | 7.12 |
| <b>5 MANIPULATION/MOBILISATION OF JOINTS OR IMMOBILISATION</b> |  |      |        |      |        |      |        |      |
| 401  | Spinal.  | 15.0 | 105.80 | 7.05 | 108.50 | 7.23 | 106.80 | 7.12 |
| 402  | Pre meditated manipulation   | 10.0 | 70.60  | 7.06 | 72.30  | 7.23 | 71.20  | 7.12 |
| 405  | All other joints.  | 15.0 | 105.80 | 7.05 | 108.50 | 7.23 | 106.80 | 7.12 |
| 407  | Immobilisation (excluding materials). Rule 008 does not apply.   | 15.0 | 90.60  | 6.04 | 108.50 | 7.23 | 106.80 | 7.12 |
| <b>6 REHABILITATION</b>  |  |      |        |      |        |      |        |      |
| 501  | Rehabilitation where the pathology requires the undivided attention of the physiotherapist. Rule 008 does not apply. Duration: 30min.  | 25.0 | 150.50 | 6.02 | 180.80 | 6.03 | 178.10 | 7.12 |
| 502  | Hydrotherapy where the pathology requires the undivided attention of the physiotherapist. Rule 008 does not apply. Duration: 30min.  | 25.0 | 150.50 | 6.02 | 180.80 | 7.23 | 178.10 | 7.12 |
| 503  | Rehabilitation for Central Nervous System disorders - condition to be clearly stated and fully documented (No other treatment modality may be charged in conjunction with this). Duration: 60min.  | 55.0 | 387.90 | 7.05 | 397.80 | 6.63 | 391.60 | 7.12 |
| 504  | EMG Biofeedback treatment  | 15.0 | 105.80 | 7.05 | 108.50 | 7.23 | 106.80 | 7.12 |
| 505  | Group rehabilitation. Treatment of a patient with disabling pathology in an appropriate facility requiring specific equipment and supervision, without individual attention for the whole treatment session, no charge may be levied by facility | 12.0 | 109.60 | 9.13 | 86.80  | 7.23 | 85.50  | 7.13 |
| 506  | Stress management  | 20.0 | 120.50 | 6.03 | 144.60 | 7.23 | 142.30 | 7.12 |
| 507  | Respiratory Re-education and Training. Duration: 30min.  | 15.0 | 105.80 | 7.05 | 108.50 | 7.23 | 106.80 | 7.12 |

|                         |   |      |        |      |        |      |        |      |
|-------------------------|---|------|--------|------|--------|------|--------|------|
| 509                     | Rehabilitation. Each additional full 15 mins. Where the pathology requires the undivided attention of the physiotherapist. (Rule 0008 does not apply.) Can only be used with codes 501, 502, 507 or 503 to indicate the completion of an additional 15 minutes. A maximum of two instances of this code may be charged per session. | 15.0 | 90.60  | 6.04 | 108.50 | 7.23 | 106.80 | 7.12 |
| <b>7 EVALUATION</b>     |   |      |        |      |        |      |        |      |
| 701                     | Evaluation/counselling at the first visit only (to be fully documented)   | 15.0 | 105.80 | 7.05 | 108.50 | 7.23 | 106.80 | 7.12 |
| 702                     | Complex evaluation/counselling at the first visit only (to be fully documented).  | 30.0 | 211.60 | 7.05 | 216.90 | 7.23 | 213.60 | 7.12 |
| 703                     | One complete re-assessment of a patient's condition during the course of treatment. To be used only once per episode of care.   | 15.0 | 90.60  | 6.04 | 108.50 | 7.23 | 106.80 | 7.12 |
| 704                     | Lung function: Peak flow (once per treatment).  | 5.0  | 30.50  | 6.10 | 36.20  | 7.24 | 35.60  | 7.12 |
| 705                     | Computerised/Electronic test for lung pathology   | 15.0 | 90.60  | 6.04 | 108.50 | 7.23 | 106.80 | 7.12 |
| 706                     | Reports. To be used to motivate for therapy and/or give a progress report and/or a pre-authorisation report, where such a report is specifically required by the medical scheme.  | 15.0 | 105.80 | 7.05 | 108.50 | 7.23 | 106.80 | 7.12 |
| 707                     | Physical Performance test. Must be fully documented.  | 20.0 | 141.10 | 7.06 | 144.60 | 7.23 | 142.30 | 7.12 |
| 708                     | Interview, guidance or consultation with the patient or his family. To be used only once per episode of care.   | 15.0 | 90.60  | 6.04 | 108.50 | 7.23 | 106.80 | 7.12 |
| 801                     | Electrical test for diagnostic purposes (including IT curve and Isokinetic tests) for a specific medical condition  | 35.0 | 210.60 | 6.02 | 253.10 | 6.33 | 249.20 | 7.12 |
| 803                     | Effort test - multistage treadmill.   | 35.0 | 210.60 | 6.02 | 253.10 | 5.62 | 249.20 | 7.12 |
| <b>8 VISITING CODES</b> |   |      |        |      |        |      |        |      |
| 901                     | Treatment at a nursing home : Relevant fee plus (to be charged only once per day and not with every hospital visit  | 10.0 | 60.50  | 6.05 | 72.30  | 7.23 | 71.20  | 7.12 |
| 903                     | Domicilliary treatments : Relevant fee plus.  | 20.0 | 120.50 | 6.03 | 144.60 | 4.82 | 142.30 | 7.12 |
| <b>9 OTHER</b>          |   |      |        |      |        |      |        |      |
| 117                     | Appointment not kept (schemes will not necessarily grant benefits in respect of this item, it will fall into the "By arrangement with the scheme" or "Patient own account" category).   |      |        |      |        |      | 0.00   |      |
| 937                     | Bird or equivalent freestanding nebuliser excluding oxygen at hospital per day.   | 10.0 | 70.60  | 7.06 | 72.30  | 7.23 | 71.20  | 7.12 |
| 938                     | Bird or equivalent freestanding nebuliser excluding oxygen domicilliary per day.  | 10.0 | 70.60  | 7.06 | 72.30  | 7.23 | 71.20  | 7.12 |

**NOTE:**

Healthman's 2006 submission units used .These were converted from the historical basis to represent duration only.CMS unilateraly reduced these units but accepted

**Disclaimer:**

*The above schedule is based on information available to HealthMan and HealthMan will NOT be held responsible for any losses incurred by practitioners resulting from*