



# HEALTHMAN PLASTIC & RECON.SURGERY COSTING GUIDE 2013

## COMPARATIVE TARIFFS: Scheme Rates

		Base Rates										
		Average Duration Professional	2013 HealthMan Practice Cost Tariff (VAT Incl.)	HealthMan RCF	2013 Discovery Tariffs (VAT incl.)	DH RCF	2013 FedHealth (VAT Incl.)	FedHealth RCF	2013 GEMS Tariffs (VAT Incl.)	GEMS RCF	2013 Profmed	Profmed RCF
		Units	R	R	R	R	R	R	R	R	R	R
<b>Consultations:</b>												
<i>See the Notes below for All Tariffs</i>												
0109	Hospital follow-up visit	15	571.60	38.106	170.20	11.347	241.00	16.070	243.50	16.235	244.50	16.298
0129	Prolonged first/follow-up consultation : 15 min	15	571.60	38.106	237.40	15.827	241.00	16.070	243.50	16.235	244.50	16.298
0130	Telephone consultation (all hours)	12	457.30	38.106	190.00	15.833	192.90	16.077	259.90	16.235	195.60	16.298
0132	Repeat Script	5	190.50	38.106	79.10	15.820	80.50	16.091	81.20	16.235	81.50	16.298
0133	Writing of special motivations	9	343.00	38.106	142.30	15.811	144.60	16.065	146.10	16.235	146.70	16.298
0145	Consultation : Away from doctor's room	6	228.60	38.106	95.10	15.850	96.40	16.065	97.40	16.235	97.80	16.298
0146	Unscheduled consultation: Emergency (cons.room)	8	304.80	38.106	126.60	15.825	128.50	16.065	129.90	16.235	130.40	16.298
0147	Unscheduled consultation:Emergency(not cons.room)	14	533.50	38.106	221.70	15.836	224.90	16.065	227.30	16.235	228.20	16.298
0173	Hospital Consultation	15	571.60	38.106	269.40	17.960	273.20	18.211	276.10	18.408	423.70	28.247
0174	Hospital Consultation	30	1,143.20	38.106	269.40	8.980	273.20	9.105	276.10	11.028	423.70	14.123
0175	Hospital Consultation	45	1,714.80	38.106	269.40	5.987	273.20	6.070	276.10	7.352	423.70	9.416
0190	Consultation	15	571.60	38.106	303.10	20.207	273.20	18.211	276.10	18.408	423.70	28.247
0191	Consultation	30	1,143.20	38.106	303.10	10.103	273.20	9.105	276.10	11.028	423.70	14.123
0192	Consultation	45	1,714.80	38.106	303.10	6.736	273.20	6.070	276.10	7.352	423.70	9.416
0199	Chronic Medicine Forms	21.43	816.60	38.106	339.20	15.828	344.30	16.066	347.90	16.235	349.30	16.298
<b>Procedures</b>												
0202	Setting of sterile tray	10	381.10	38.106	98.00	9.801	99.40	9.943	100.60	10.060	100.90	10.093
0257	Drainage of major hand or foot infection: Drainage of major abscess with necrosis of tissue	87	3,315.20	38.106	852.70	9.801	865.80	9.952	875.20	10.060	878.10	10.093
0289	Large skin grafts, composite skin grafts, large full thickness free skin grafts	234	8,916.80	38.106	2,293.40	9.801	2,328.50	9.951	2,354.00	10.060	2,361.80	10.093
0290	Reconstructive procedures and skin graft by myo-cutaneous or fascio-cutaneous flap	410	15,623.50	38.106	4,018.40	9.801	4,079.90	9.951	4,124.50	10.060	4,138.10	10.093
0291	Reconstructive procedures grafting by micro-vascular re-anastomosis	800	30,484.80	38.106	7,840.80	9.801	7,960.70	9.951	8,047.70	10.060	8,074.40	10.093
0293	Contour grafts (excluding cost of material)	206	7,849.80	38.106	2,019.00	9.801	2,049.90	9.951	2,072.30	10.060	2,079.20	10.093
0294	Vascularised bone graft with or without soft tissue	1200	45,727.20	38.106	11,761.20	9.801	11,941.10	9.951	12,071.60	10.060	12,111.60	10.093
0295	Local skin flaps (large, complicated)	206	7,849.80	38.106	2,019.00	9.801	2,049.90	9.951	2,072.30	10.060	2,079.20	10.093
0296	Other procedures of major technical nature	206	7,849.80	38.106	2,019.00	9.801	2,049.90	9.951	2,072.30	10.060	2,079.20	10.093
0297	Subsequent major procedures for repair of same lesion	104	3,963.00	38.106	1,019.30	9.801	1,034.90	9.951	1,046.20	10.060	1,049.70	10.093
0299	Major abdominal lipectomy with repositioning of umbilicus	275	10,479.20	38.106	2,695.30	9.801	2,736.50	9.951	2,766.40	10.060	2,775.60	10.093
0302	Stitching of soft-tissue injuries: Deep laceration involving limited muscle damage	64	2,438.80	38.106	627.30	9.801	636.70	9.949	643.80	10.060	646.00	10.093
0303	Stitching of soft-tissue injuries: Deep laceration involving extensive muscle damage	128	4,877.60	38.106	1,254.50	9.801	1,273.70	9.951	1,287.60	10.060	1,291.90	10.093
0304	Major debridement of wound, sloughectomy or secondary suture	50	1,905.30	38.106	490.10	9.801	497.60	9.951	503.00	10.060	504.70	10.093
0307	Excision and repair by direct suture; excision nail fold or other minor procedures of similar magnitude	27	1,028.90	38.106	264.60	9.801	268.70	9.952	271.60	10.060	272.50	10.093
0308	Each additional small procedure done at the same time	14	533.50	38.106	137.20	9.801	139.40	9.956	140.80	10.060	141.30	10.093
0311	Excision of large benign tumour (more than 5 cm)	55	2,095.80	38.106	539.10	9.801	547.30	9.951	553.30	10.060	555.10	10.093
0313	Extensive resection for malignant soft tissue tumour including muscle	283.9	10,818.30	38.106	2,782.50	9.801	2,825.00	9.951	2,855.90	10.060	2,865.40	10.093
0314	Requiring repair by large skin graft or large local flap or other procedures of similar magnitude	104	3,963.00	38.106	1,019.30	9.801	1,034.90	9.951	1,046.20	10.060	1,049.70	10.093
0315	Requiring repair by small skin graft or small local flap or other procedures of similar magnitude	55	2,095.80	38.106	539.10	9.801	547.30	9.951	553.30	10.060	555.10	10.093
0321	Biopsy or excision of cyst, benign tumour, aberrant breast tissue, duct papilloma	94.2	3,589.60	38.106	923.30	9.801	937.40	9.951	947.60	10.060	950.80	10.093
0330	Nipple and areola reconstruction	95	3,620.10	38.106	931.10	9.801	945.40	9.952	955.70	10.060	958.80	10.093

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## COMPARATIVE TARIFFS: Scheme Rates


		Base Rates										
		Average Duration Professional	2013 HealthMan Practice Cost Tariff (VAT Incl.)	HealthMan RCF	2013 Discovery Tariffs (VAT incl.)	DH RCF	2013 FedHealth (VAT Incl.)	FedHealth RCF	2013 GEMS Tariffs (VAT Incl.)	GEMS RCF	2013 Profmed	Profmed RCF
		<i>Units</i>	<i>R</i>	<i>R</i>	<i>R</i>	<i>R</i>	<i>R</i>	<i>R</i>	<i>R</i>	<i>R</i>	<i>R</i>	<i>R</i>
Code	Terminology											
0334	Removal of breast implant by means of capsulectomy: Per breast	234	8,916.80	38.106	2,293.40	9.801	2,328.50	9.951	2,354.00	10.060	2,361.80	10.093
0335	Implantation of internal subpectoral mammary prosthesis in post mastectomy patients	150	5,715.90	38.106	1,470.20	9.801	1,492.70	9.951	1,509.00	10.060	1,514.00	10.093
0337	Reduction: Mammoplasty for pathological hypertrophy: Unilateral	234	8,916.80	38.106	2,293.40	9.801	2,328.50	9.951	2,354.00	10.060	2,361.80	10.093
0339	Reduction: Mammoplasty for pathological hypertrophy: Bilateral	410	15,623.50	38.106	4,018.40	9.801	4,079.90	9.951	4,124.50	10.060	4,138.10	10.093
0351	Major burns: Resuscitation (including supervision and intravenous therapy - first 48 hours)	276	10,517.30	38.106	2,705.10	9.801	2,746.50	9.951	2,776.50	10.060	2,785.70	10.093
0354	Tangential excision and grafting: Large	200	7,621.20	38.106	1,960.20	9.801	1,990.20	9.951	2,011.90	10.060	2,018.60	10.093
0361	Z-plasty	220.1	8,387.10	38.106	2,157.20	9.801	2,321.70	10.548	2,214.10	10.060	2,221.50	10.093
0376	Dupuytren's contracture: Fasciectomy	218	8,307.10	38.106	2,136.60	9.801	2,169.30	9.951	2,193.00	10.060	2,200.30	10.093
0767	Hand: Flexor tendon suture: Primary (per tendon)	128	4,877.60	38.106	1,254.50	9.801	1,273.70	9.951	1,287.60	10.060	1,291.90	10.093
0771	Extensor tendon suture: Primary (per tendon)	129.7	4,942.30	38.106	1,271.20	9.801	1,290.70	9.951	1,304.70	10.060	1,309.10	10.093
0782	Carpal tunnel syndrome	98.7	3,761.10	38.106	967.40	9.801	982.20	9.951	992.90	10.060	996.20	10.093
1085	Total reconstruction of the nose: Including reconstruction of nasal septum , nasal pyramid and nasal tip	350	13,337.10	38.106	3,430.40	9.801	3,482.80	9.951	3,520.90	10.060	3,532.60	10.093
1087	Reconstruction consisting of any two of the following:Septum plasty,osteotomy,nasal tip reconstruction Intensive care: Category 3: Cases with multiple organ failure or Category 2 patients : Subsequent days	210	8,002.30	38.106	2,058.20	9.801	2,089.80	9.951	2,112.50	10.060	2,119.50	10.093
1210	Lip reconstruction following an injury: Direct repair	50	1,905.30	38.106	490.10	9.801	497.60	9.951	503.00	10.060	504.70	10.093
1499	Lip reconstruction following an injury or tumour removal: Flap repair	105.6	4,024.00	38.106	1,035.00	9.801	1,050.90	9.952	1,062.30	10.060	1,065.80	10.093
1501	Staged procedure for partial or total loss of eyelid: First stage	206	7,849.80	38.106	2,019.00	9.801	2,049.90	9.951	2,072.30	10.060	2,079.20	10.093
3185	Full thickness eyelid laceration for tumour or injury: Direct repair	259	9,869.50	38.106	2,538.50	9.801	2,577.40	9.951	2,605.50	10.060	2,614.10	10.093
3189	Blepharoplasty: Upper lid for improvement in function (unilateral)	136.5	5,201.50	38.106	1,337.80	9.801	1,358.40	9.952	1,373.10	10.060	1,377.70	10.093
3191	Major congenital deformity reconstruction of external ear: Bilateral	150.2	5,723.50	38.106	1,472.10	9.801	1,494.70	9.951	1,511.00	10.060	1,516.00	10.093
3269	Major congenital deformity reconstruction of external ear: Bilateral	242	9,221.70	38.106	2,371.80	9.801	2,408.20	9.951	2,434.40	10.060	2,442.50	10.093

**Note:**

1. Codes, Descriptors and Unit Values have been extracted from the SAMA Doctors Billing Manual
2. The Healthman tariff for codes that relate to equipment have been retained at GEMS rate\*
3. Tariffs may differ due to rounding
4. Above codes are the most frequently used codes and is not all inclusive of all the codes
5. Increases from 2012 are as follow:
  - a. GEMS = 2012 Scheme Tariff +5.5%
  - b. HealthMan Tariff = 2012 Tariff +7%
  - c. Discovery Health = 2012 Tariff +5.5% for procedures & 6% for consultations (Note that this increase is for the DH Rate only)
  - d. Profmed = 2012 Tariff +6%
  - e. Fedhealth = 2012 Tariff +6%
6. Discovery Premier A Procedure Rates have NOT been split between In-Hospital & Out-Hospital. Use as appropriate.
7. Please take note that the HealthMan Practice Cost Tariff is based on our 2008 Cost Studies adjusted with inflation indexes
8. All Tariffs are inclusive of VAT

**Disclaimer:**  
The above schedule is based on information available to HealthMan and HealthMan will NOT be held responsible for any losses incurred by practitioners resulting from the use of this schedule.

**Legend:**  
 DH = Discovery Health  
 DPA = Direct Payment Arrangement  
 Prem = Premier  
 R = Rand  
 RCF = Rand Conversion Factor (Rand Value per Unit)  
 VAT = Value Added Tax

Payment Arrangments									
Code	 <b>HealthMan</b> <small>ADDING BUSINESS ACUMEN TO YOUR PROFESSIONAL EXPERTISE</small> Terminology	Average Duration	DH Prem A	DH Prem A Out	DH Prem B	DH Classic Rate	DH Exec Rate	FedHealth DPA	FedHealth DPA
		Professional	In Hosp.	Hosp.	147%	217%	300%	165%	210%
		Units	R	R	R	R	R	R	R
<b>Consultations:</b>									
<a href="#">See the Notes below for All Tariffs</a>									
0109	Hospital follow-up visit	15	233.20	275.70	250.20	369.30	510.60	397.70	506.10
0129	Prolonged first/follow-up consultation : 15 min	15	325.20	384.60	349.00	515.20	712.20	397.70	506.10
0130	Telephone consultation (all hours)	12	260.30	307.80	279.30	412.30	570.00	318.30	405.10
0132	Repeat Script	5	108.40	128.10	116.30	171.60	237.30	132.80	169.10
0133	Writing of special motivations	9	195.00	230.50	209.20	308.80	426.90	238.60	303.70
0145	Consultation : Away from doctor's room	6	130.30	154.10	139.80	206.40	285.30	159.10	202.40
0146	Unscheduled consultation: Emergency (cons.room)	8	-	205.10	186.10	274.70	379.80	212.00	269.90
0147	Unscheduled consultation:Emergency(not cons.room)	14	303.70	359.20	325.90	481.10	665.10	371.10	472.30
0173	Hospital Consultation	15	369.10	-	396.00	584.60	808.20	450.80	573.70
0174	Hospital Consultation	30	369.10	-	396.00	584.60	808.20	450.80	573.70
0175	Hospital Consultation	45	369.10	-	396.00	584.60	808.20	450.80	573.70
0190	Consultation	15	-	491.00	445.60	657.70	909.30	450.80	573.70
0191	Consultation	30	-	491.00	445.60	657.70	909.30	450.80	573.70
0192	Consultation	45	-	491.00	445.60	657.70	909.30	450.80	573.70
0199	Chronic Medicine Forms	21.43	464.70	549.50	498.60	736.10	1,017.60	568.10	723.00
<b>Procedures</b>									
0202	Setting of sterile tray	10	134.30	158.80	144.10	212.70	294.00	164.00	208.70
0257	Drainage of major hand or foot infection: Drainage of major abscess with necrosis of tissue	87	1,168.20	1,381.40	1,253.40	1,850.30	2,558.10	1,428.60	1,818.20
0289	Large skin grafts, composite skin grafts, large full thickness free skin grafts	234	3,142.00	3,715.40	3,371.30	4,976.80	6,880.30	3,842.00	4,889.90
0290	Reconstructive procedures and skin graft by myo-cutaneous or fascio-cutaneous flap	410	5,505.20	6,509.80	5,907.10	8,719.90	12,055.20	6,731.80	8,567.80
0291	Reconstructive procedures grafting by micro-vascular re-anastomosis	800	10,741.90	12,702.10	11,526.00	17,014.50	23,522.40	13,135.20	16,717.50
0293	Contour grafts (excluding cost of material)	206	2,766.00	3,270.80	2,967.90	4,381.20	6,057.00	3,382.30	4,304.80
0294	Vascularised bone graft with or without soft tissue	1200	16,112.80	19,053.10	17,289.00	25,521.80	35,283.60	19,702.80	25,076.30
0295	Local skin flaps (large, complicated)	206	2,766.00	3,270.80	2,967.90	4,381.20	6,057.00	3,382.30	4,304.80
0296	Other procedures of major technical nature	206	2,766.00	3,270.80	2,967.90	4,381.20	6,057.00	3,382.30	4,304.80
0297	Subsequent major procedures for repair of same lesion	104	1,396.40	1,651.30	1,498.40	2,211.90	3,057.90	1,707.60	2,173.30
0299	Major abdominal lipectomy with repositioning of umbilicus	275	3,692.50	4,366.30	3,962.10	5,848.70	8,085.80	4,515.20	5,746.70
0302	Stitching of soft-tissue injuries: Deep laceration involving limited muscle damage	64	859.40	1,016.20	922.10	1,361.20	1,881.80	1,050.60	1,337.10
0303	Stitching of soft-tissue injuries: Deep laceration involving extensive muscle damage	128	1,718.70	2,032.30	1,844.20	2,722.30	3,763.60	2,101.60	2,674.80
0304	Major debridement of wound, sloughectomy or secondary suture	50	671.40	793.90	720.40	1,063.40	1,470.20	821.00	1,045.00
0307	Excision and repair by direct suture; excision nail fold or other minor procedures of similar magnitude	27	362.50	428.70	389.00	574.20	793.90	443.40	564.30
0308	Each additional small procedure done at the same time	14	188.00	222.30	201.70	297.80	411.60	230.00	292.70
0311	Excision of large benign tumour (more than 5 cm)	55	738.50	873.30	792.40	1,169.70	1,617.20	903.00	1,149.30
0313	Extensive resection for malignant soft tissue tumour including muscle	283.9	3,812.00	4,507.70	4,090.30	6,038.00	8,347.50	4,661.30	5,932.50
0314	Requiring repair by large skin graft or large local flap or other procedures of similar magnitude	104	1,396.40	1,651.30	1,498.40	2,211.90	3,057.90	1,707.60	2,173.30
0315	Requiring repair by small skin graft or small local flap or other procedures of similar magnitude	55	738.50	873.30	792.40	1,169.70	1,617.20	903.00	1,149.30
0321	Biopsy or excision of cyst, benign tumour, aberrant breast tissue, duct papilloma	94.2	1,264.90	1,495.70	1,357.20	2,003.50	2,769.80	1,546.70	1,968.50
0330	Nipple and areola reconstruction	95	1,275.60	1,508.40	1,368.70	2,020.50	2,793.30	1,559.90	1,985.30

Payment Arrangments									
Code	Terminology	Average Duration Professional	DH	DH	DH	DH	DH	FedHealth	FedHealth
			Prem A In Hosp. 137%	Prem A Out Hosp. 162%	Prem B 147%	Classic Rate 217%	Exec Rate 300%	DPA 165%	DPA 210%
		Units	R	R	R	R	R	R	R
0334	Removal of breast implant by means of capsulectomy: Per breast	234	3,142.00	3,715.40	3,371.30	4,976.80	6,880.30	3,842.00	4,889.90
0335	Implantation of internal subpectoral mammary prosthesis in post mastectomy patients	150	2,014.10	2,381.60	2,161.10	3,190.20	4,410.50	2,463.00	3,134.70
0337	Reduction: Mammoplasty for pathological hypertrophy: Unilateral	234	3,142.00	3,715.40	3,371.30	4,976.80	6,880.30	3,842.00	4,889.90
0339	Reduction: Mammoplasty for pathological hypertrophy: Bilateral	410	5,505.20	6,509.80	5,907.10	8,719.90	12,055.20	6,731.80	8,567.80
0351	Major burns: Resuscitation (including supervision and intravenous therapy - first 48 hours)	276	3,706.00	4,382.20	3,976.50	5,870.00	8,115.20	4,531.70	5,767.70
0354	Tangential excision and grafting: Large	200	2,685.50	3,175.50	2,881.50	4,253.60	5,880.60	3,283.80	4,179.40
0361	Z-plasty	220.1	2,955.40	3,494.70	3,171.10	4,681.10	6,471.60	3,830.80	4,875.60
0376	Dupuytren's contracture: Fasciectomy	218	2,927.20	3,461.30	3,140.80	4,636.50	6,409.90	3,579.30	4,555.50
0767	Hand: Flexor tendon suture: Primary (per tendon)	128	1,718.70	2,032.30	1,844.20	2,722.30	3,763.60	2,101.60	2,674.80
0771	Extensor tendon suture: Primary (per tendon)	129.7	1,741.50	2,059.30	1,868.60	2,758.50	3,813.60	2,129.70	2,710.50
0782	Carpal tunnel syndrome	98.7	1,325.30	1,567.10	1,422.00	2,099.20	2,902.10	1,620.60	2,062.60
1085	Total reconstruction of the nose: Including reconstruction of nasal septum , nasal pyramid and nasal tip	350	4,699.60	5,557.20	5,042.60	7,443.90	10,291.10	5,746.60	7,313.90
1087	Reconstruction consisting of any two of the following:Septum plasty,osteotomy,nasal tip reconstruction	210	2,819.70	3,334.30	3,025.60	4,466.30	6,174.60	3,448.20	4,388.60
1210	Intensive care: Category 3: Cases with multiple organ failure or Category 2 patients : Subsequent days	50	671.40	793.90	720.40	1,063.40	1,470.20	821.00	1,045.00
1499	Lip reconstruction following an injury: Direct repair	105.6	1,417.90	1,676.70	1,521.40	2,245.90	3,105.00	1,734.00	2,206.90
1501	Lip reconstruction following an injury or tumour removal: Flap repair	206	2,766.00	3,270.80	2,967.90	4,381.20	6,057.00	3,382.30	4,304.80
3185	Staged procedure for partial or total loss of eyelid: First stage	259	3,477.70	4,112.30	3,731.50	5,508.50	7,615.40	4,252.70	5,412.50
3189	Full thickness eyelid laceration for tumour or injury: Direct repair	136.5	1,832.80	2,167.30	1,966.60	2,903.10	4,013.50	2,241.40	2,852.60
3191	Blepharoplasty: Upper lid for improvement in function (unilateral)	150.2	2,016.80	2,384.80	2,164.00	3,194.50	4,416.30	2,466.30	3,138.90
3269	Major congenital deformity reconstruction of external ear: Bilateral	242	3,249.40	3,842.40	3,486.60	5,146.90	7,115.50	3,973.50	5,057.20

**Note:**

- Codes, Descriptors and Unit Values have been extracted from the SAMA Doctors Billing Manual
- The Healthman tariff for codes that relate to equipment have been retained at GEMS rate\*
- Tariffs may differ due to rounding
- Above codes are the most frequently used codes and is not all inclusive of all the codes
- Increases from 2012 are as follow:
  - GEMS = 2012 Scheme Tariff +5.5%
  - HealthMan Tariff = 2012 Tariff +7%
  - Discovery Health = 2012 Tariff +5.5% for procedures & 6% for consultations (Note that this increase is for the DH Rate o
  - Profmed = 2012 Tariff +6%
  - Fedhealth = 2012 Tariff +6%
- Discovery Premier A Procedure Rates have NOT been split between In-Hospital & Out-Hospital. Use as appropriate.
- Please take note that the HealthMan Practice Cost Tariff is based on our 2008 Cost Studies adjusted with inflation indexes
- All Tariffs are inclusive of VAT

**Disclaimer:**  
The above schedule is based on information available to HealthMan and HealthMan will NOT be held responsible for any loss

**Legend:**  
DH = Discovery Health  
DPA = Direct Payment Arrangement  
Prem = Premier  
R = Rand  
RCF = Rand Conversion Factor (Rand Value per Unit)  
VAT = Value Added Tax