

HEALTHMAN PHYSIOTHERAPY COSTING GUIDE 2013

COMPARATIVE TARIFFS

Code	Description	Hman Units (As per 2006 Submission)	2013 HealthMan Guideline Tariffs (VAT incl.)	HealthMan RCF(adj by7% for 2013)	Scheme Units	2013		2013		2013		2013	
						Discovery (JSP) Tariffs (VAT incl.)	DH JSP RCF	Discovery (STD) Tariffs (VAT incl.)	DH STANDARD RCF	Medscheme Base Tariff (STD) Tariffs (VAT incl.)	DH RCF	2013 GEMS Tariffs (VAT Incl.)	GEMS RCF
		<u>Units</u>	<u>R</u>	<u>R</u>		<u>R</u>	<u>R</u>	<u>R</u>	<u>R</u>	<u>R</u>	<u>R</u>	<u>R</u>	<u>R</u>
1	RADIATION THERAPY / MOIST HEAT / CRYOTHERAPY			10.10									
001	Infra-red, Radiant heat, Wax therapy Hot packs	5	50.50	10.10	5.0	37.20	7.44	37.10	7.42	37.60	7.52	38.20	7.63
005	Ultraviolet light	10	101.01	10.10	10.0	74.30	7.43	74.30	7.43	75.10	7.51	76.30	7.63
006	Laser beam	15	151.51	10.10	15.0	111.50	7.43	111.50	7.43	112.70	7.51	114.50	7.63
007	Cryotherapy	5	50.50	10.10	5.0	37.20	7.44	37.10	7.42	37.60	7.52	38.20	7.63
2	LOW FREQUENCY CURRENTS												
103	Galvanism, Diodynamic current, Tens.	10	101.01	10.10	10.0	74.30	7.43	63.90	6.39	75.10	7.51	76.30	7.63
105	Muscle and nerve stimulating currents.	15	151.51	10.10	12.0	89.20	7.43	76.40	6.37	90.20	7.52	91.60	7.63
107	Interferential Therapy.	10	101.01	10.10	10.0	74.30	7.43	74.30	7.43	75.10	7.51	76.30	7.63
3	HIGH FREQUENCY CURRENTS												
201	Shortwave diathermy.	5	50.50	10.10	5.0	37.20	7.44	47.00	9.40	37.60	7.52	38.20	7.63
203	Ultrasound.	10	101.01	10.10	10.0	74.30	7.43	74.30	7.43	75.10	7.51	76.30	7.63
205	Microwave.	5	50.50	10.10	5.0	37.20	7.44	47.00	9.40	37.60	7.52	38.20	7.63
4	PHYSICAL MODALITIES												
300	Vibration	10	101.01	10.10	10.0	74.30	7.43	74.30	7.43	75.10	7.51	76.30	7.63
301	Percussion	20	202.02	10.10	16.1	119.60	7.43	102.50	6.37	121.00	7.52	122.90	7.63
302	Massage	20	202.02	10.10	10.0	74.30	7.43	63.90	6.39	75.10	7.51	76.30	7.63
303	Myofacial release/soft tissue mobilisation, one or more body parts	30	303.02	10.10	20.1	149.30	7.43	127.60	6.35	151.10	7.52	153.30	7.63
304	Acupuncture	15	151.51	10.10	15.0	111.50	7.43	111.50	7.43	112.70	7.51	114.50	7.63
305	Re-education of movement/Exercises (excluding ante- and post-natal exercises)	10	101.01	10.10	10.0	74.30	7.43	63.90	6.39	75.10	7.51	76.30	7.63
307	Pre- and post-operative exercises and/or breathing exercises	10	101.01	10.10	10.0	74.30	7.43	63.90	6.39	75.10	7.51	76.30	7.63
308	Group exercises (excluding ante- and post-natal exercises - maximum of 10 in a group)	10	101.01	10.10	10.0	74.30	7.43	63.90	6.39	75.10	7.51	76.30	7.63
309	Isokinetic treatment.	10	101.01	10.10	10.0	74.30	7.43	74.30	7.43	75.10	7.51	76.30	7.63
310	Neural tissue mobilisation	20	202.02	10.10	20.0	148.60	7.43	127.20	6.36	150.10	7.51	152.60	7.63
313	Ante and post natal exercises/counselling	10	101.01	10.10	10.0	74.30	7.43	74.30	7.43	75.10	7.51	76.30	7.63
314	Lymph drainage	5	50.50	10.10	5.0	37.20	7.44	37.10	7.42	37.60	7.52	38.20	7.63
315	Postural drainage.	10	101.01	10.10	10.0	74.30	7.43	74.30	7.43	75.10	7.51	76.30	7.63
317	Traction.	10	101.01	10.10	10.0	74.30	7.43	74.30	7.43	75.10	7.51	76.30	7.63
318	Upper respiratory nebulisation and/or lavage	10	101.01	10.10	10.0	74.30	7.43	63.90	6.39	75.10	7.51	76.30	7.63
319	Nebulisation	10	101.01	10.10	10.0	74.30	7.43	74.30	7.43	75.10	7.51	76.30	7.63

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321	Intermittent positive pressure ventilation.	10	101.01	10.10	10.0	74.30	7.43	74.30	7.43	75.10	7.51	76.30	7.63
323	Suction: Level 1 (including sputum specimen taken by suction)	5	50.50	10.10	5.0	37.20	7.44	37.10	7.42	37.60	7.52	38.20	7.63
325	Suction: Level 2 (Suction with involvement of lavage as a treatment in a special unit situation or in the respiratory compromised patient)	25	252.52	10.10	20.1	149.30	7.43	127.60	6.35	151.10	7.52	153.30	7.63
327	Bagging (used on the intubated unconscious patient or in the severely respiratory distressed patient).	5	50.50	10.10	5.0	37.20	7.44	37.10	7.42	37.60	7.52	38.20	7.63
328	Dry needling	15	151.51	10.10	15.0	111.50	7.43	111.50	7.43	112.70	7.51	114.50	7.63
5 MANIPULATION/MOBILISATION OF JOINTS OR IMMOBILISATION													
401	Spinal.	15	151.51	10.10	15.0	111.50	7.43	111.50	7.43	112.70	7.51	114.50	7.63
402	Pre meditated manipulation	10	101.01	10.10	10.0	74.30	7.43	74.30	7.43	75.10	7.51	76.30	7.63
405	All other joints.	15	151.51	10.10	15.0	111.50	7.43	111.50	7.43	112.70	7.51	114.50	7.63
407	Immobilisation (excluding materials). Rule 008 does not apply.	15	151.51	10.10	15.0	111.50	7.43	95.60	6.37	112.70	7.51	114.50	7.63
6 REHABILITATION													
501	Rehabilitation where the pathology requires the undivided attention of the physiotherapist. Rule 008 does not apply. Duration: 30min.	30	303.02	10.10	25.0	185.80	7.43	158.80	6.35	187.90	7.52	190.70	7.63
502	Hydrotherapy where the pathology requires the undivided attention of the physiotherapist. Rule 008 does not apply. Duration: 30min.	25	252.52	10.10	25.0	185.80	7.43	158.80	6.35	187.90	7.52	190.70	7.63
503	Rehabilitation for Central Nervous System disorders - condition to be clearly stated and fully documented (No other treatment modality may be charged in conjunction with this). Duration: 60min.	60	606.05	10.10	55.0	408.70	7.43	408.70	7.43	413.10	7.51	419.70	7.63
504	EMG Biofeedback treatment	15	151.51	10.10	15.0	111.50	7.43	111.50	7.43	112.70	7.51	114.50	7.63
505	Group rehabilitation. Treatment of a patient with disabling pathology in an appropriate facility requiring specific equipment and supervision, without individual attention for the whole treatment session, no charge may be levied by facility	12	121.21	10.10	12.0	89.20	7.43	109.60	9.13	90.20	7.52	91.60	7.63
506	Stress management	20	202.02	10.10	20.0	148.60	7.43	127.20	6.36	150.10	7.51	152.60	7.63
507	Respiratory Re-education and Training. Duration: 30min.	15	151.51	10.10	15.0	111.50	7.43	111.50	7.43	112.70	7.51	114.50	7.63



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						Discovery (JSP) Tariffs (VAT incl.)	RCF	Discovery (STD) Tariffs (VAT incl.)	STANDARD RCF	Medscheme Base Tariff (STD) Tariffs (VAT incl.)	RCF	GEMS Tariffs (VAT Incl.)	RCF
		<u>Units</u>	<u>R</u>	<u>R</u>		<u>R</u>	<u>R</u>	<u>R</u>	<u>R</u>	<u>R</u>	<u>R</u>	<u>R</u>	<u>R</u>
509	Rehabilitation. Each additional full 15 mins. Where the pathology requires the undivided attention of the physiotherapist. (Rule 0008 does not apply.) Can only be used with codes 501, 502, 507 or 503 to indicate the completion of an additional 15 minutes. A maximum of two instances of this code may be charged per session.	15	151.51	10.10	15.0	111.50	7.43	95.60	6.37	112.70	7.51	114.50	7.63
7 EVALUATION													
701	Evaluation/counselling at the first visit only (to be fully documented)	15	151.51	10.10	15.0	111.50	7.43	111.50	7.43	112.70	7.51	114.50	7.63
702	Complex evaluation/counselling at the first visit only (to be fully documented).	30	303.02	10.10	30.0	222.90	7.43	222.90	7.43	225.30	7.51	228.80	7.63
703	One complete re-assessment of a patient's condition during the course of treatment. To be used only once per episode of care.	15	151.51	10.10	15.0	111.50	7.43	95.60	6.37	112.70	7.51	114.50	7.63
704	Lung function: Peak flow (once per treatment).	5	50.50	10.10	5.0	37.20	7.44	32.20	6.44	37.60	7.52	38.20	7.63
705	Computerised/Electronic test for lung pathology	15	151.51	10.10	15.0	111.50	7.43	95.60	6.37	112.70	7.51	114.50	7.63
706	Reports. To be used to motivate for therapy and/or give a progress report and/or a pre-authorisation report, where such a report is specifically required by the medical scheme.	15	151.51	10.10	15.0	111.50	7.43	111.50	7.43	112.70	7.51	114.50	7.63
707	Physical Performance test. Must be fully documented.	20	202.02	10.10	20.0	148.60	7.43	148.60	7.43	150.10	7.51	152.60	7.63
708	Interview, guidance or consultation with the patient or his family. To be used only once per episode of care.	15	151.51	10.10	15.0	111.50	7.43	95.60	6.37	112.70	7.51	114.50	7.63
801	Electrical test for diagnostic purposes (including IT curve and Isokinetic tests) for a specific medical condition	40	404.03	10.10	35.0	260.10	7.43	222.30	6.35	262.90	7.51	267.00	7.63
803	Effort test - multistage treadmill.	45	454.54	10.10	35.0	260.10	7.43	222.30	6.35	262.90	7.51	267.00	7.63
8 VISITING CODES													
			0.00										
901	Treatment at a nursing home : Relevant fee plus (to be charged only once per day and not with every hospital visit	10	101.01	10.10	10.0	74.30	7.43	63.90	6.39	75.10	7.51	76.30	7.63
903	Domicilliary treatments : Relevant fee plus.	30	303.02	10.10	20.0	148.60	7.43	127.20	6.36	150.10	7.51	152.60	5.09



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		<i>Units</i>	<i>R</i>	<i>R</i>		<i>R</i>	<i>R</i>	<i>R</i>	<i>R</i>	<i>R</i>	<i>R</i>	<i>R</i>	<i>R</i>
9	OTHER												
117	Appointment not kept (schemes will not necessarily grant benefits in respect of this item, it will fall into the "By arrangement with the scheme" or "Patient own account" category).												
937	Bird or equivalent freestanding nebuliser excluding oxygen at hospital per day.	10	101.01	10.10	10.0	74.30	7.43	74.30	7.43	75.10	7.51	76.30	7.63
938	Bird or equivalent freestanding nebuliser excluding oxygen domicilliary per day.	10	101.01	10.10	10.0	74.30	7.43	74.30	7.43	75.10	7.51	76.30	7.63


NOTE: Healthman's 2006 submission units used .These were converted from the historical basis to represent duration only.CMS unilateraly reduced these units but accepted all the others.
 Healthman's 2012 RCF adjusted by 7% - to accommodate higher than CPI increases in staff salaries and administered prices
 Medihep merely provided a RCF- tariffs therefore not rounded

Disclaimer:
 The above schedule is based on information available to HealthMan and HealthMan will NOT be held responsible for any losses incurred by practitioners resulting from this schedule.

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		<i>Units</i>	<i>R</i>	<i>R</i>		<i>R</i>	<i>R</i>			<i>R</i>	<i>R</i>
1	RADIATION THERAPY / MOIST HEAT / CRYOTHERAPY			10.10							
001	Infra-red, Radiant heat, Wax therapy Hot packs	5	50.50	10.10	5.0	39.10	7.82	37.10	7.42	38.31	7.66
005	Ultraviolet light	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66
006	Laser beam	15	151.51	10.10	15.0	117.30	7.82	110.80	7.39	116.93	7.66
007	Cryotherapy	5	50.50	10.10	5.0	39.10	7.82	37.10	7.42	38.31	7.66
2	LOW FREQUENCY CURRENTS										
103	Galvanism, Diodynamic current, Tens.	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66
105	Muscle and nerve stimulating currents.	15	151.51	10.10	12.0	94.00	7.83	88.90	7.41	91.94	7.66
107	Interferential Therapy.	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66
3	HIGH FREQUENCY CURRENTS										
201	Shortwave diathermy.	5	50.50	10.10	5.0	39.10	7.82	37.10	7.42	38.31	7.66
203	Ultrasound.	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66
205	Microwave.	5	50.50	10.10	5.0	39.10	7.82	37.10	7.42	38.31	7.66
4	PHYSICAL MODALITIES										
300	Vibration	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66
301	Percussion	20	202.02	10.10	16.1	125.90	7.82	118.90	7.39	123.35	7.66
302	Massage	20	202.02	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66
303	Myofacial release/soft tissue mobilisation, one or more body parts	30	303.02	10.10	20.1	157.30	7.83	148.50	7.39	154.00	7.66
304	Acupuncture	15	151.51	10.10	15.0	117.30	7.82	110.80	7.39	114.93	7.66
305	Re-education of movement/Exercises (excluding ante- and post-natal exercises)	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66
307	Pre- and post-operative exercises and/or breathing exercises	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66
308	Group exercises (excluding ante- and post-natal exercises - maximum of 10 in a group)	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66
309	Isokinetic treatment.	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66
310	Neural tissue mobilisation	20	202.02	10.10	20.0	156.50	7.83	147.70	7.39	153.24	7.66
313	Ante and post natal exercises/counselling	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66
314	Lymph drainage	5	50.50	10.10	5.0	39.10	7.82	37.10	7.42	38.31	7.66
315	Postural drainage.	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66
317	Traction.	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66
318	Upper respiratory nebulisation and/or lavage	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66
319	Nebulisation	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66

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Code	Description	Units	R	R		R	R			R	R
321	Intermittent positive pressure ventilation.	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66
323	Suction: Level 1 (including sputum specimen taken by suction)	5	50.50	10.10	5.0	39.10	7.82	37.10	7.42	38.10	7.66
325	Suction: Level 2 (Suction with involvement of lavage as a treatment in a special unit situation or in the respiratory compromised patient)	25	252.52	10.10	20.1	157.30	7.83	148.50	7.39	154.00	7.66
327	Bagging (used on the intubated unconscious patient or in the severely respiratory distressed patient).	5	50.50	10.10	5.0	39.10	7.82	37.10	7.42	38.31	7.66
328	Dry needling	15	151.51	10.10	15.0	117.30	7.82	110.80	7.39	114.93	7.66
5 MANIPULATION/MOBILISATION OF JOINTS OR IMMOBILISATION											
401	Spinal.	15	151.51	10.10	15.0	117.30	7.82	110.80	7.39	114.93	7.66
402	Pre meditated manipulation	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66
405	All other joints.	15	151.51	10.10	15.0	117.30	7.82	110.80	7.39	114.93	7.66
407	Immobilisation (excluding materials). Rule 008 does not apply.	15	151.51	10.10	15.0	117.30	7.82	110.80	7.39	114.93	7.66
6 REHABILITATION											
501	Rehabilitation where the pathology requires the undivided attention of the physiotherapist. Rule 008 does not apply. Duration: 30min.	30	303.02	10.10	25.0	195.70	7.83	184.90	7.40	191.55	7.66
502	Hydrotherapy where the pathology requires the undivided attention of the physiotherapist. Rule 008 does not apply. Duration: 30min.	25	252.52	10.10	25.0	195.70	7.83	184.80	7.39	191.55	7.66
503	Rehabilitation for Central Nervous System disorders - condition to be clearly stated and fully documented (No other treatment modality may be charged in conjunction with this). Duration: 60min.	60	606.05	10.10	55.0	430.40	7.83	406.00	7.38	421.41	7.66
504	EMG Biofeedback treatment	15	151.51	10.10	15.0	117.30	7.82	110.80	7.39	114.93	7.66
505	Group rehabilitation. Treatment of a patient with disabling pathology in an appropriate facility requiring specific equipment and supervision, without individual attention for the whole treatment session, no charge may be levied by facility	12	121.21	10.10	12.0	94.00	7.83	88.80	7.40	91.94	7.66
506	Stress management	20	202.02	10.10	20.0	156.50	7.83	147.70	7.39	153.94	7.66
507	Respiratory Re-education and Training. Duration: 30min.	15	151.51	10.10	15.0	117.30	7.82	110.80	7.39	114.93	7.66

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		<i>Units</i>	<i>R</i>	<i>R</i>		<i>R</i>	<i>R</i>			<i>R</i>	<i>R</i>
509	Rehabilitation. Each additional full 15 mins. Where the pathology requires the undivided attention of the physiotherapist. (Rule 0008 does not apply.) Can only be used with codes 501, 502, 507 or 503 to indicate the completion of an additional 15 minutes. A maximum of two instances of this code may be charged per session.	15	151.51	10.10	15.0	117.30	7.82	110.80	7.39	114.93	7.66
7 EVALUATION											
701	Evaluation/counselling at the first visit only (to be fully documented)	15	151.51	10.10	15.0	117.30	7.82	110.80	7.39	114.93	7.66
702	Complex evaluation/counselling at the first visit only (to be fully documented).	30	303.02	10.10	30.0	235.00	7.83	221.60	7.39	229.86	7.66
703	One complete re-assessment of a patient's condition during the course of treatment. To be used only once per episode of care.	15	151.51	10.10	15.0	117.30	7.82	110.80	7.39	114.93	7.66
704	Lung function: Peak flow (once per treatment).	5	50.50	10.10	5.0	39.10	7.82	37.10	7.42	38.31	7.66
705	Computerised/Electronic test for lung pathology	15	151.51	10.10	15.0	117.30	7.82	110.80	7.39	114.93	7.66
706	Reports. To be used to motivate for therapy and/or give a progress report and/or a pre-authorisation report, where such a report is specifically required by the medical scheme.	15	151.51	10.10	15.0	117.30	7.82	110.80	7.39	114.93	7.66
707	Physical Performance test. Must be fully documented.	20	202.02	10.10	20.0	156.50	7.83	147.70	7.39	153.24	7.66
708	Interview, guidance or consultation with the patient or his family. To be used only once per episode of care.	15	151.51	10.10	15.0	117.30	7.82	110.80	7.39	114.93	7.66
801	Electrical test for diagnostic purposes (including IT curve and Isokinetic tests) for a specific medical condition	40	404.03	10.10	35.0	274.10	7.83	258.50	7.39	268.17	7.66
803	Effort test - multistage treadmill.	45	454.54	10.10	35.0	274.10	7.83	258.50	7.39	268.17	7.66
8 VISITING CODES											
			0.00								
901	Treatment at a nursing home : Relevant fee plus (to be charged only once per day and not with every hospital visit	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.84
903	Domiciliary treatments : Relevant fee plus.	30	303.02	10.10	20.0	156.50	7.83	147.70	7.39	153.24	7.83

HEALTHMAN PHYSIOTHERAPY COSTING GUIDE 2013



Code	Description	Hman Units (As per 2006 Submission)	2013 HealthMan Guideline Tariffs (VAT incl.)	HealthMan RCF(adj by7% for 2013)	Scheme Units	2013 Bestmed Tariffs (VAT Incl.)	Bestmed (RCF)	2013 Momentum Tariffs (VAT Incl.)	Momentum (RCF)	2013 Medihelp Tariffs (VAT Incl.)	Medihelp (Incl VAT)
		<i>Units</i>	<i>R</i>	<i>R</i>		<i>R</i>	<i>R</i>			<i>R</i>	<i>R</i>
9 OTHER											
117	Appointment not kept (schemes will not necessarily grant benefits in respect of this item, it will fall into the "By arrangement with the scheme" or "Patient own account" category).										
937	Bird or equivalent freestanding nebuliser excluding oxygen at hospital per day.	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66
938	Bird or equivalent freestanding nebuliser excluding oxygen domicilliary per day.	10	101.01	10.10	10.0	78.40	7.84	74.00	7.40	76.62	7.66

NOTE:

Healthman's 2006 submission units used .These were converted from the historical basis to represent duration only.CMS unila
Healthman's 2012 RCF adjusted by 7% - to accommodate higher than CPI increases in staff salaries and administered prices
Medihep merely provided a RCF- tariffs therefore not rounded

Disclaimer:

The above schedule is based on information available to HealthMan and HealthMan will NOT be held responsible for any loss