

MEDICAL SCHEMES INFORMATION - MARCH 2013

Scheme Name	Plans	Type	Benef	Administrator	Postal	Telephone	Fax	Email	Website
AECI MEDICAL AID SOCIETY	VALUE OPTION COMPREHENSIVE PLAN	Restricted	14982	MEDSCHEME	PO Box 1101, FLORIDA GLEN, 1708	086 000 2103	011 463 6299	aecisociety@medscheme.co.za	www.medscheme.co.za
AFROX MEDICAL AID SOCIETY	BASE PLAN	Restricted	7454	METROPOLITAN HEALTH	PO Box 5404, JOHANNESBURG, 2000	011 703 3010	011 490 0888		www.mhg.co.za
ALLIANCE MIDMED MEDICAL SCHEME	*	Restricted	5089	MOMENTUM MEDICAL SCHEME ADMINISTRATORS	PO Box 2338, DURBAN, 4000	0860 00 21 01	031 580 0467	service@alliancemidmed.co.za	www.alliancemidmed.co.za
ALTRON MEDICAL AID SCHEME	BASIC ENHANCED	Restricted	8906	DISCOVERY HEALTH	PO Box 652509, BENMORE, 2010	0860 222 999	011 539 7208	service@discovery.co.za	
ANGLO MEDICAL SCHEME	MANAGED CARE PLAN STANDARD CARE PLAN VALUE CARE PLAN	Restricted	25841	MOMENTUM MEDICAL SCHEME ADMINISTRATORS	PO Box 62524, MARSHALLTOWN, 2107	086 022 2633	011 638 3187		www.angloms.co.za
ANGLOVAAL GROUP MEDICAL SCHEME	*	Restricted	8133	DISCOVERY HEALTH	PO Box 652509, BENMORE, 2010	086 010 0693	011 529 7208	service@discovery.co.za	www.discovery.co.za
BANKMED	BASIC PLAN COMPREHENSIVE PLAN CORE SAVER PLAN PLUS PLAN TRADITIONAL PLAN PMB PLAN	Restricted	201380	METROPOLITAN HEALTH	PO Box 1242, CAPE TOWN, 8000	0800 22 656 33	011 713 7851	enquires@bankmed.co.za	www.bankmed.co.za
BARLOWORLD MEDICAL SCHEME	*	Restricted	12595	MEDSCHEME	PO Box 1101, FLORIDA GLEN, 1708	086 000 2106			www.medscheme.co.za
BESTMED MEDICAL SCHEME	BEAT 1 BEAT 2 BEAT 3 PACE 1 PACE 2 PACE 3 PACE 4 PULSE 1 PULSE 2	Open	149113	SELF-ADMINISTERED	PO Box 2297, PRETORIA, 0001	086 000 2378	012 472 6500	service@bestmed.co.za	www.bestmed.co.za
BMW EMPLOYEES MEDICAL AID SOCIETY	*	Restricted	5882	MEDSCHEME	PO Box 1101, FLORIDA GLEN, 1708	011 671 2000		bmw@medscheme.co.za	www.medscheme.co.za
BONITAS MEDICAL FUND	BONCAP BONCLASSIC BONCOMPREHENSIVE BONESSENTIAL BONSAVE PRIMARY STANDARD	Open	603422	MEDSCHEME	PO Box 1101, FLORIDA GLEN, 1708	086 000 2108	086 613 7244	bonitas@medscheme.co.za	www.bonitasmedicalfund.co.za
BP MEDICAL AID SOCIETY	*	Restricted	4914	METROPOLITAN HEALTH	PO Box 6006, Roggebaai, 8012	021 480 4610	021 480 4550	bpsa@mhg.co.za	www.mhg.co.za
BUILDING & CONSTRUCTION INDUSTRY MEDICAL AID FUND	BASIC OPTION	Restricted		Universal Healthcare	PO Box 3201, JOHANNESBURG, 2000	011 208 1005	011 208 1026	admin@universal.co.za	
CAPE MEDICAL PLAN	HEALTHPACT PREMIUM HEALTHPACT SILVER HEALTHPACT SELECT	Open	13856	SELF-ADMINISTERED	PO Box 966, PAROW, 7499	021 937 8300	021 937 8496	MAIL@CMP.CO.ZA	www.cmp.co.za
CHARTERED ACCOUNTANTS (SA) MEDICAL AID FUND (CAMAF)	ALLIANCE DOUBLE PLUS FIRST CHOICE VITAL BENEFIT OPTION NETWORK CHOICE ESSENTIAL	Restricted	43063	ETERNITY PRIVATE HEALTH FUND	PO Box 2964, RANDBURG, 2125	011 707 8400	011 706 9943	info@eternityhealth.com	www.camaf.co.za
COMMUNITY MEDICAL AID SCHEME (COMMED)	FUNDAMENTAL DELUXE STANDARD	Open	18406	ALLCARE ADMINISTRATORS	Private Bag X146, HALFWAY HOUSE, 1685	011 290 6338	011 290 6382	info@allcare.co.za	www.commed.co.za
COMPCARE WELLNESS MEDICAL SCHEME	AXIS DYNAMIX MUMED NETWORK	Open	23933	Universal Healthcare	PO Box 1411, RIVONIA, 2128	011 208 1000	011 208 1028	admin@universal.co.za	www.compcarewellness.co.za

Scheme Name	Plans	Type	Benef	Administrator	Postal	Telephone	Fax	Email	Website
	PINNACLE SYMMETRY								
DE BEERS BENEFIT SOCIETY	*	Restricted	13767	SELF-ADMINISTERED	PO Box 1922, KIMBERLEY, 8300	053 807 3111	053 807 3499	benefitpost@dbbs.co.za	www.dbbs.co.za
DISCOVERY HEALTH MEDICAL SCHEME	CLASSIC COMPREHENSIVE CLASSIC COMPREHENSIVE ZERO MSA CLASSIC CORE CLASSIC PRIORITY CLASSIC SAVER COASTAL CORE COASTAL SAVER ESSENTIAL COMPREHENSIVE ESSENTIAL CORE ESSENTIAL PRIORITY ESSENTIAL SAVER EXECUTIVE KEYCARE ACCESS KEYCARE CORE KEYCARE PLUS CLASSIC DELTA COMPREHENSIVE CLASSIC DELTA CORE CLASSIC DELTA SAVER ESSENTIAL DELTA COMPREHENSIVE ESSENTIAL DELTA CORE ESSENTIAL DELTA SAVER	Open	2354351	DISCOVERY HEALTH	PO Box 786722, SANDTON, 2146	011 529 2888 086 099 8877		healthinfo@discovery.co.za	www.discovery.co.za
ENGEN MEDICAL BENEFIT FUND	*	Restricted	8252	METROPOLITAN HEALTH	ENGEN PO Box 5324, CAPE TOWN, 8000	021 480 4796	021 480 4795	engen@mhg.co.za	www.mhg.co.za
EYETHUMED MEDICAL SCHEME	*	Restricted	4433	MEDSCHEME	PO Box 1101, FLORIDA GLEN, 1716	086 050 2502		eyethumed@medscheme.co.za	www.medscheme.co.za
FEDHEALTH MEDICAL SCHEME	BLUE DOOR MAXIMA BASIS MAXIMA CORE MAXIMA ENTRYZONE MAXIMA EXECUTIVE MAXIMA PLUS MAXIMA STANDARD MAXIMA STANDARD NET ULTIMA 200 ULTIMA 300 ULTIMAX	Open	153488	MEDSCHEME	Private Bag X3045, RANDBURG, 2021	086 000 2153	011 671 5101	fedhealth@medscheme.co.za	www.fedhealth.co.za
FISHING INDUSTRY MEDICAL SCHEME (FISH-MED)	PRIMARY STANDARD	Restricted	2015	METROPOLITAN HEALTH	PO Box 2416, CAPE TOWN, 8000	021 402 9927	021 402 9927		
FOOD WORKERS MEDICAL BENEFIT FUND	*	Restricted	18700	SELF-ADMINISTERED	PO Box 1067, PAROW, 7499	021 930 3550	021 930 5497	foodmed@wol.co.za	
GENESIS MEDICAL SCHEME	PRIVATE PRIVATE CHOICE PRIVATE COMPREHENSIVE PRIVATE PLUS	Open	20149	SELF-ADMINISTERED	PO Box 5467, CAPE TOWN, 8000	021 442 9900	021 447 4707	genesis@genesismedical.co.za	www.genesismedical.co.za
GOLD FIELDS MEDICAL SCHEME	HERITAGE PLAN PRIDE PLAN	Restricted	19177	PROVIDENCE HEALTHCARE	PO Box 1672, PORT ELIZABETH, 6000	4041 395 4400	041 395 4597	pe@providence.co.za	
GOLDEN ARROWS EMPLOYEES' MEDICAL BENEFIT FUND	ADVANCE PRIMARY STANDARD	Restricted	6276	METROPOLITAN HEALTH	PO Box 1795, CAPE TOWN, 8000	021 937 8800	021 934 4885	deonvelthuysen@gabs.co.za	
GOVERNMENT EMPLOYEES MEDICAL SCHEME (GEMS)	ONYX BERYL EMERALD RUBY SAPPHIRE	Restricted	1570922	METROPOLITAN HEALTH	GEMS Private Bag X1, HATFIELD 0028 GEMS, Private Bag X782, CAPE TOWN, 8000	012 362 6321 086 000 4367	012 362 6413 0861 00 4367	enquiries@gems.gov.za	www.gems.gov.za
GRINTEK ELECTRONICS MEDICAL AID SCHEME	*	Restricted	2667	Universal Healthcare	Private Bag X1897, RIVONIA, 2128	011 208 1000	011 208 1028	admin@universal.co.za	www.universal.co.za
HORIZON MEDICAL SCHEME	HOSPITAL PLAN MAJOR MEDICAL PLAN	Restricted	2558	MEDSCHEME	PO Box 74, VEREENIGING, 1930	086 010 1103		horizon@medscheme.co.za	www.medscheme.com/our-clients/horiz

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	MAJOR MEDICAL PLUS CARECROSS								
HOSMED MEDICAL AID SCHEME	PLUS	Open	88358	Thebe Ya Bophelo Healthcare	PO Box 2650, RIVONIA, 2128 PO Box 16148, DOORNFONTEIN, 2028	086 000 0048	086 245 1099	hosmed_cc@tybhealth.co.za	www.hosmed.co.za
	STEP								
	VALUE								
IBM (SA) MEDICAL SCHEME	*	Restricted	4387	DISCOVERY HEALTH	PO Box 652509, Benmore, 2010	086 010 0418	011 302 9005	IBMcustomer@discovery.co.za	www.discovery.co.za
IMPALA MEDICAL PLAN	*	Restricted	18873	PROVIDENCE HEALTHCARE	Private Bag X82324, RUSTENBURG, 0300	014 569 7597	014 569 7670	muriel.thape@implats.co.za	
IMPERIAL GROUP MEDICAL SCHEME	*	Restricted	15726	METROPOLITAN HEALTH	PO Box 2140, HOUGHTON, 2041	086 046 7374	086 673 8093	imperialmedenquiries@mhg.co.za	www.imperialgroupmed.co.za
KEYHEALTH	PLATINUM	Open	88212	PROFESSIONAL MEDICAL SCHEME ADMINISTRATORS	PO Box 14145, LYTTELTON 0140	086 067 1050		info@keyhealthmedical.co.za	www.keyhealthmedical.co.za/
	EQUILIBRIUM								
	ESSENCE								
	GOLD								
	ORIGIN								
	SILVER								
LA-HEALTH MEDICAL SCHEME	ACTIVE	Restricted	82997	DISCOVERY HEALTH	Postnet Suite 116, Private Bag X19, MILNERTON, 7435	021 555 4727	021 555 4721	service@discovery.co.za	www.lahealth.co.za
	COMPREHENSIVE								
	CORE								
	FOCUS								
	KEYPLUS								
LIBCARE MEDICAL SCHEME	*	Restricted	12123	V MED ADMINISTRATORS	PO Box 10499, JOHANNESBURG, 2000	011 408 5670	086 464 7378	enquiries@libcare.co.za	www.libcare.co.za
LIBERTY MEDICAL SCHEME	Prestige	Open	142948	V MED ADMINISTRATORS	Private Bag X35, CLAREMONT, 7735	086 000 2163	021 657 7571	enquiries@libertyhealth.co.za	www.libmed.co.za
	Platinum Complete								
	Titan								
	Titan Select								
	Platinum Saver								
	Gold Saver								
	Gold Saver Select								
	Platinum Focus								
	Gold Focus								
	Gold Focus Select								
	Bona Plus								
LONMIN MEDICAL SCHEME	*	Restricted	19251	DISCOVERY HEALTH	Private Bag X508, MARIKANA, 0284	086 010 4883	014 571 2379	service@discovery.co.za	www.lonmin.com
MAKOTI MEDICAL SCHEME	COMPREHENSIVE PRIMARY	Open	6911	Universal Healthcare	Private Bag X47, RIVONIA, 2128	011 208 1000	112 081 128	admin@universal.co.za	www.universal.co.za
MALCOR MEDICAL SCHEME	PLAN A	Restricted	11351	ALLCARE ADMINISTRATORS	PO Box 1181, PARKLANDS, 2121	011 372 1500	011 372 1579	info@totalmed.co.za	www.malcormedicalaid.co.za
	PLAN B								
	PLAN C								
	PLAN D								
MASSMART HEALTH PLAN	*	Restricted	5700	MEDSCHEME	PO Box 1101, FLORIDA GLEN, 1708	086 000 2117	011 463 6580	massmart@medscheme.co.za	www.medscheme.co.za
MBMED MEDICAL AID FUND	PLAN A	Restricted	8444	MEDSCHEME	PO Box 671, EAST LONDON, 5200	086 000 2109	011 46 6580	mbmed@medscheme.co.za	www.medscheme.co.za
MEDIHELP	DIMENSION PRIME 1	Open	244750	SELF-ADMINISTERED	PO Box 26004, ARCADIA, 0007	012 334 2000	012 336 9540	medihelp@medihelp.co.za	www.medihelp.co.za
	DIMENSION PRIME 1 NETWORK								
	DIMENSION PRIME 2								
	DIMENSION PRIME 2 NETWORK								
	DIMENSION PRIME 3								
	DIMENSION PRIME 3 NETWORK								
	MEDIHELP PLUS								
	NECESSE								
UNIFY									
MEDIMED MEDICAL SCHEME	ALPHA	Open	12361	PROVIDENCE HEALTHCARE	PO Box 1672, PORT ELIZABETH, 6000	041 395 4400	041 395 4596	medimed@providence.co.za	www.medimed.co.za
	MANAGED CARE								
	MEDISAVE - MAX								
	MEDISAVE - STANDARD								
MEDIPOS MEDICAL SCHEME	OPTION A	Restricted	22476	METROPOLITAN HEALTH	PO Box 2087, CORPORATE SHOP, 0074	086 010 0078	086 539 6402	mediposenquiries@mhg.co.za	www.medipos.co.za
	OPTION B								
	OPTION C								

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MEDSHIELD MEDICAL SCHEME	MEDIBONUS	Open	236789	SELF-ADMINISTERED	PO Box 68618, BRYANSTON, 2021	011 447 3424		member@medshield.co.za	www.medshield.co.za
	80% OPTION								
	CORE PLUS								
	ESSENTIAL								
	MEDIPLUS								
	MEDIVALUE								
	PREMIUM PLUS								
STANDARD									
METROPOLITAN MEDICAL SCHEME	CLASSIC PREMIER	Restricted	15162	METHEALTH	PO Box 15716, VLAEBERG, 8018	086 188 8104		metromed@mhg.co.za	www.metromed.co.za
MINEMED MEDICAL SCHEME	OPTIMUM	Restricted	13078	PROVIDENCE HEALTHCARE	PO Box 1672, PORT ELIZABETH, 6000	041 395 4400	041 395 4597		www.minemed.co.za
	AFFORDABLE OPTION ESSENTIAL								
MOMENTUM HEALTH	INGWE	Open	183379	MOMENTUM MEDICAL SCHEM	PO Box 2338, DURBAN, 4000	086 011 7859	031 573 4957	member@momentumhealth.co.za	www.momentumhealth.co.za
	ACCESS								
	CUSTOM								
	INCENTIVE								
	EXTENDER								
	SUMMIT								
MOTOHEALTH CARE	OPTIMUM	Restricted	66548	MOMENTUM MEDICAL SCHEM	PO Box 3882, RANDBURG, 2125	086 132 9800	031 580 0525	info@motohealthcare.org.za	www.motohealthcare.org.za
	CLASSIC								
	HOSPICARE								
	CUSTOM								
	ESSENTIAL								
NAMPAK (SA) MEDICAL SCHEME	EXTENDED OPTION STANDARD OPTION	Restricted	11730	MOMENTUM MEDICAL SCHEME ADMINISTRATORS	PO Box 784324, SANDTON, 2146	086 010 1047	011 719 6706		www.nampakhealth.co.za
NASPERS MEDICAL FUND	M-MED OPTION	Restricted	14351	DISCOVERY HEALTH	PO Box 2271, CAPE TOWN, 8000	021 406 3186	021 406 3560	service@discovery.co.za	www.nasmed.co.za
	N OPTION BASIC								
	N OPTION PLUS								
NEDGROUP MEDICAL AID SCHEME	HOSPITAL PLAN	Restricted	49604	MEDSCHEME	PO Box 74, VEREENIGING, 1930	086 010 0080	086 011 1784	nedgroupmedaid@medscheme.co.za	www.medscheme.co.za
	PLATINUM PLAN								
	SAVINGS PLAN								
	TRADITIONAL PLAN								
	TRADITIONAL PLUS PLAN								
NETCARE MEDICAL SCHEME	*	Restricted	38874	MOMENTUM MEDICAL SCHEME ADMINISTRATORS	PO Box 2338, DURBAN, 4001	086 010 3406	031 580 0480	member@netcarems.co.za	www.netcarems.co.za
OLD MUTUAL STAFF MEDICAL AID FUND	HOSPITAL PLAN	Restricted	30019	MEDSCHEME	PO Box 66, CAPE TOWN, 8000	021 509 7036	021 509 8290	healthcaremain@medscheme.co.za	www.medscheme.co.za
	NETWORK PLAN								
	SAVINGS PLAN								
	TRADITIONAL PLAN								
	TRADITIONAL PLUS PLAN								
PARMED MEDICAL AID SCHEME	*	Restricted	5320	MEDSCHEME	PO Box 386, FLORIDA HILLS, 1716	086 000 2126	011 789 4616	parmed@medscheme.co.za	www.medscheme.co.za
PG BISON MEDICAL AID SOCIETY	*	Restricted	1185	ALLCARE ADMINISTRATORS	PO Box 2650, RIVONIA, 2128	011290 6200 086 010 9595	011 783 2020	admin@allcare.co.za	www.allcare.co.za
PG GROUP MEDICAL SCHEME	*	Restricted	2799	MOMENTUM MEDICAL SCHEME ADMINISTRATORS	PO Box 2329, BEDFORDVIEW, 2008	086 000 5037	0861 64 77 75	info@pggmeds.co.za	www.pggmeds.co.za
PHAROS MEDICAL PLAN	FOOTPRINT COMPREHENSIVE	Open	15520	PRIVATE HEALTH	PO Box 343, WESTVILLE, 3630	031 267 5000	031 266 0086	enquiries@pharosmp.co.za	www.pharosmp.co.za
	FOOTPRINT PLUS								
	FOOTPRINT PRIMARY								
	METHCARE								
	PALADIN COMPREHENSIVE								
	RAINBOW COMPREHENSIVE								
RAINBOW PLUS									
PICK N PAY MEDICAL SCHEME	*	Restricted	16241	METHEALTH	PO Box 4313, CAPE TOWN, 8000	080 000 4389	021 480 4550	picknpay@mhg.co.za	www.pnpms.co.za
PLATINUM HEALTH	PLATCAP	Restricted	70805	SELF-ADMINISTERED	Private Bag X82081, RUSTENBURG, 0300	014 591 6600	014 592 2252	phclientliaison@angloplat.com	www.platinumhealth.co.za
	PLATCARE								
	PLATCOMPREHENSIVE								
	PLATSAVE								

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PROFMED	PRO ACTIVE	Restricted	63347	SELF-ADMINISTERED	PO Box 1004, HOUGHTON, 2041	011 628 8900	011 628 8905	info@profmed.co.za	www.profmed.co.za
	PRO ACTIVE PLUS								
	PRO PINNACLE								
	PRO SECURE								
	PRO SECURE PLUS								
QUANTUM MEDICAL AID SOCIETY	ESSENTIAL COMPREHENSIVE	Restricted	14627	DISCOVERY HEALTH	PO Box 650849, BENMORE, 2010	086 010 2958	011 539 7028	service@discovery.co.za	www.discovery.co.za
	ESSENTIAL SAVER								
	KEYCARE PLUS								
RAND WATER MEDICAL SCHEME	*	Restricted	7596	SELF-ADMINISTERED	PO Box 1127, JOHANNESBURG, 2000	011 682 0985	011 682 0671	mnyembe@randwater.co.za	
REMEDI MEDICAL AID SCHEME	*	Restricted	38154	DISCOVERY HEALTH	PO Box 652509, BENMORE, 2010	0860 116-116	021 527 1905	service@discovery.co.za	www.yourremedi.co.za
RESOLUTION HEALTH MEDICAL SCHEME	CLASSIC	Open	67299	AGILITY GLOBAL HEALTH	PO Box 1555, FONTAINEBLEAU, 2032	086 179 1642	011 791 7047 086 559 7830	clientservices@resomed.co.za	www.resolutionhealth.co.za
	FOUNDATION								
	HOSPITAL								
	MILLENNIUM								
	PRESTIGE								
	PROGRESSIVE FLEX								
	PROGRESSIVE SELECT								
	SUPREME								
RETAIL MEDICAL SCHEME	ESSENTIAL COMPREHENSIVE OPTION	Restricted	14863	DISCOVERY HEALTH	PO Box 215, BRACKENFEL, 7561	021 980 4465	021 980 6712	service@discovery.co.za	www.discovery.co.za
	ESSENTIAL OPTION								
	ESSENTIAL PLUS OPTION								
RHODES UNIVERSITY MEDICAL SCHEME	*	Restricted	2220	PROVIDENCE HEALTHCARE	PO Box 1672, PORT ELIZABETH, 6000	041 395 4476	041 395 4596	rumed@providence.co.za	www.providence.co.za
SABC MEDICAL AID SCHEME	*	Restricted	9705	MEDSCHEME	PO Box 1101, FLORIDA GLEN, 1708	086 000 2136		sabc@medscheme.co.za	www.medscheme.co.za
SAMWUMED	OPTION A	Restricted	77155	SELF-ADMINISTERED	PO Box 134, ATHLONE, 7760	021 697 9000	021 696 3060	info@samwumed.org	www.samwumed.org
	OPTION B								
SAPPI MEDICAL AID SCHEME	*	Restricted	9307	METROPOLITAN HEALTH	PO Box 3535, CAPE TOWN, 8000	086 010 1280	086 010 1480	sappi@mhg.co.za	www.sappima.co.za
SASOLMED	*	Restricted	75298	MEDSCHEME	PO Box 2462, VEREENIGING, 1930	086 000 2134	011 463 6580	sasolmed@medscheme.co.za	www.medscheme.co.za
SEDMED	*	Restricted	1945	SELF-ADMINISTERED	PO Box 468, BLOEMFONTEIN, 9300	051 447 8271	051 448 8559	sau.sedcomdir@adventist.org.za	
SELFMED MEDICAL SCHEME	MED ELITE	Open	17443	SELF-ADMINISTERED	PO Box 5543, TYGERVALLEY, 7536	021 943 2300	021 943 2301	expert@selfmed.co.za	www.selfmed.co.za
	MEDXXI								
	SELFMED 80 %								
	SELFSURE								
SIZWE MEDICAL FUND	AFFORDABLE	Open	156350	SECHABA MEDICAL SOLUTIONS	PO Box 260709, EXCOM, 2028	011 289 1500 0860 100 871	011 289 1534	queries@sizwe.co.za	www.sizwe.co.za
	AFFORDABLE SAVE								
	FULL BENEFIT								
	PRIMARY								
SOUTH AFRICAN BREWERIES MEDICAL SCHEME	ESSENTIAL COMPREHENSIVE	Restricted	22626	MOMENTUM MEDICAL SCHEME ADMINISTRATORS	PO Box 782178, SANDTON, 2146	086 000 2133	031 580 0480	info@sabmas.co.za	www.sabmas.co.za
SOUTH AFRICAN POLICE SERVICE MEDICAL SCHEME (POLMED)	HIGER PLAN	Restricted	482197	METROPOLITAN HEALTH	PO Box 14812, HATFIELD, 0028	012 818 7500 0860 765 633	086 010 4114	polmed@mhg.co.za	www.polmed.co.za
	LOWER PLAN								
SPECTRAMED	AQUA	Open	73834	V MED ADMINISTRATORS	Private Bag X30, GALLO MANOR, 2052	011 582 0000 0861 497 497	086 149 2492	enquiries@spectramed.co.za	www.spectramed.co.za
	AZURE								
	CAPRI								
	COBALT								
	CYAN								
SUREMED HEALTH	CHALLENGER	Open	3421	PROVIDENCE HEALTHCARE	PO Box 1672, PORT ELIZABETH, 6000	086 008 0888	041 395 4597	suremed@providence.co.za	www.suremedhealth.co.za
	EXPLORER								
	NAVIGATOR								
	SHUTTLE								
TFG MEDICAL AID SCHEME	PLAN A	Restricted	5944	DISCOVERY HEALTH	PO Box 652509, BENMORE, 2010	021 529 2888	021 527 1905	service@discovery.co.za	www.discovery.co.za
	PLAN B								
THEBEMED	ENERGY PLAN	Open	21375	Thebe Ya Bophelo Healthcare	PO Box 4709, JOHANNESBURG, 2000	011 544 8899 0861 84 32 36	011 544 8501	callcentre@thebehealth.co.za	www.thebemed.co.za
	UNIVERSAL PLAN								
TIGER BRANDS MEDICAL SCHEME	OPTION 1 MZANSI NETWORK OPTION	Restricted	10839	Universal Healthcare	Private Bag X131, RIVONIA, 2128	011 208 1000	11 208 1028	admin@universal.co.za	www.universal.co.za

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TOPMED MEDICAL SCHEME	HOSPITAL PLAN	Open	25748	MOMENTUM MEDICAL SCHEME ADMINISTRATORS	PO Box 233,8 DURBAN, 4000	031 573 4000	031 580 0455	info@topmedms.co.za	www.topmed.co.za
	INCENTIVE COMPREHENSIVE								
	INCENTIVE SAVINGS NETWORK								
	SAVINGS PLUS								
	TRADITIONAL								
TRANSMED MEDICAL FUND	GUARDIAN	Restricted	139966	METROPOLITAN HEALTH	PO Box 32043, BRAAMFONTEIN, 2017	080 045 0010	0800 1222 36	enquiries@transmed.co.za	www.transmed.co.za
	PRIVATE NETWORK								
	STATE PLUS NETWORK								
	STATE PLUS OWN CHOICE								
TSOGO SUN GROUP MEDICAL SCHEME	CLASSIC COMPREHENSIVE CLASSIC SAVER	Restricted	6865	DISCOVERY HEALTH	PO Box 652509, BENMORE, 2010	086 010 0421	011 539 7208	service@discovery.co.za	www.discovery.co.za
UMVUZO HEALTH MEDICAL SCHEME	STANDARD	Restricted	42381	SELF-ADMINISTERED	PO Box 1463, FAERIE GLEN, 0043	012 845 0000	086 670 0242	info@umvuzohealth.co.za	www.umvuzohealth.co.za
	SUPREME								
	ULTRA AFFORDABLE								
UNIVERSITY OF KWA-ZULU NATAL MEDICAL SCHEME	*	Restricted	7485	DISCOVERY HEALTH	PO Box 786722, SANDTON, 2146	086 011 3322	011 539 0408	service@discovery.co.za	www.discovery.co.za
UNIVERSITY OF THE WITWATERSRAND - JOHANNESBURG STAFF MEDICAL AID FUND	*	Restricted	6229	MEDSCHEME	PO Box 2014, RANDBURG, 2125	011 671 2000		wits@medscheme.co.za	www.medscheme.co.za
WITBANK COALFIELDS MEDICAL AID SCHEME	COMPREHENSIVE OPTION YEBOMED	Restricted	26136	SELF-ADMINISTERED	PO Box 26, WITBANK, 1035	013 656 1407	013 656 4815	hdejager@wcmas.co.za	www.wcmas.co.za
WOOLTRU HEALTHCARE FUND	CORE OPTION	Restricted	18176	METROPOLITAN HEALTH	PO Box 15403, VLAEBERG, 8018	021 480 4849	021 480 4759	wooltru@mhg.co.za	www.mhg.co.za
	EXTENDED OPTION								
	PLUS OPTION								
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