

## **What is gynaecological laser treatment?**

The recent advancement in laser technology, (FotonaSmooth™ XS) has led to the development of new, minimally invasive treatment options for common gynaecological problems such as vaginal relaxation syndrome, urinary incontinence, pelvic organ prolapse and vaginal atrophy. Two novel treatment options called IntimaLase™ and IncontiLase™ are available. Both treatment involve the use of Erbium laser (Er:YAG) at a specific wavelength which is applied to the vaginal tissue for 10-12 minutes.

## **How does it work?**

- The laser stimulates collagen remodeling and growth of new collagen fibres (neocollagenesis) in the vagina and also along the urethra

The end result is that the treated tissue becomes more enriched with new collagen which is tighter and more elastic.

## **How long does the treatment take?**

- The laser treatment is done in the gynaecological practice rooms and the procedure takes approximately 10-12 minutes
- There is no 'cut', no pain, and no hospitalization