43rd National Congress of the Ophthalmological Society of South Africa

Final Invitation & Registration

14 – 17 March 2013
Cape Town International Convention Centre
South Africa
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We make it visible.

Thanks to Carl Zeiss for sponsoring this invitation
Dear Friends & Colleagues

You are warmly invited to attend the annual OSSA congress which will be held at the CTICC in Cape Town from 14 to 17 March 2013.

“Ubuntu” is an African philosophy focusing on people's allegiances and relations with one another. It speaks of our interconnectedness and ability to openly share. At its core are generosity and the desire to see others happy.

Cape Town will provide a magnificent venue for us to have our meeting, spend time with old friends, make new friends and experience the South African Ophthalmology "Ubuntu".

We have assembled a great faculty, in a world class city during most locals’ favourite month of the year. We have a convenient venue, large trade exhibition and fun social functions planned.

There will be a full programme for Ophthalmologists and concurrent programmes for Optometrists, Ophthalmic Assistants, Ophthalmic Nurses and Hospital & Practice Managers.

So block out your diaries and book your tickets!

We look forward to seeing you at what promises to be a memorable congress.

Kind regards

Dale Harrison

Beste Vriende & Kollegas

U word hartlik uitgenooi na die jaarlikse OVSA-Kongres wat van 14 – 17 Maart 2013 by die Kaapstadse Internasionale Konvensiesentrum gehou sal word.

Ubuntu is ’n Afrika-filosofie wat op mense se verbintenisse en verhoudings met mekaar fokus. Dit handel oor verbondenheid aan mekaar en die vermoë om openlik te deel. Die kern daarvan is vrygewigheid en die begeerte om ander gelukkig te sien.

Kaapstad bied ons ’n manjifieke vergaderplek, waar ons tyd met ou vriende kan deurbring, nuwe vriendskappe kan sluit en die Suid-Afrikaanse Oftalmologie-Ubuntu kan beleef.

Ons het ’n besondere groep mense byeengebring, wat gedurende die gunsteling maand van die jaar in ’n wêreldklas stad gaan vergader. Ons vergader in ’n gerieflike kongressentrum waar daar weer ’n groot handelsuitstalling sal wees. Prettige sosiale funksies word ook beplan.

’n Vol program word vir Oftalmoloë aangebied en gelyklopende programme vir Optometriste, Oftalmiese assistente, Oftalmiese verpleegsters en Hospitaal- en Praktykbestuurders.

Dus, teken nou reeds hierdie dae in julle dagboeke aan en bespreek jul vliegkaartjies!

Ons sien daarna uit om julle te verwelkom by wat beloof om ’n onvergeetlike kongres te wees!

Vriendelike groete

Dale Harrison
Venue

The 2013 Congress will take place at the Cape Town International Convention Centre (CTICC).

With its breathtaking scenery, immense cultural and nature heritage, and world-class conferencing and hotel facilities, Cape Town is one of the world’s most sought-after travel destinations. Known as the Mother City, this busy cosmopolitan hub, located in the Western Cape, is becoming increasingly celebrated on the conference and convention scene, both locally and internationally.

The Cape Town International Convention Centre is located in the heart of the city. The convention centre has it all: it is accessible and highly-accommodating, and provides flexible facilities that will meet the needs of delegates, sponsors and exhibitors.

Important dates

Programme on congress website: 9 November 2012
Deadline for early bird registration: 7 December 2012

Please reserve your hotel room before 11 January 2013.

Website

www.ossa2013.co.za
Enquiries

Only enquiries relating to the contents of the academic programmes

Congress Chair
Dr Dale Harrison
Tel: 021 674 1741
E-mail: dharrison@intekom.co.za

Ophthalmology Programme
Prof Colin Cook
Tel: 021 406 6216
E-mail: colin.cook@uct.ac.za

Optometry Programme
Dr Karin Lecuona
Tel: 021 406 6216
E-mail: karin.lecuona@uct.ac.za

Ophthalmic Assistants Programme
Dr Shyam Makanjee
Tel: 021 674 9272
E-mail: smeyesurgeon@gmail.com

Ophthalmic Nurses Programme
Dr Andrew Perrott
Tel: 021 531 4317
E-mail: docperrott@mweb.co.za

Practice Managers & Administrators Programme
Dr James Beatty
Tel: 021 591 0111
E-mail: drbeatty@lando.co.za

Organisational & Administrative Aspects
Exhibitions & Sponsorships:

R K Communication
Rhyno Kriek and Sanet van der Heide (Congress Organisers)
Tel.: 051 436 7733 / 083 265 0 265
Fax: 086 60 60 555
E-mail: ossacongress@telkomsa.net
Postal address: PO Box 28694, Danhof, Bloemfontein, 9310, South Africa
OSSA Matters & Membership

Mrs Stephánie Claassen (Administrative Officer)
Tel: 012 343 8920
Fax: 086 600 5138
E-mail: ovsa@mweb.co.za
Postal address: PO Box 56184, Arcadia, Pretoria, 0007

Invited International Speakers

<table>
<thead>
<tr>
<th>Name</th>
<th>City &amp; Country</th>
<th>Field(s) of expertise</th>
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</thead>
<tbody>
<tr>
<td>Dr Steve Arshinoff</td>
<td>Toronto, Canada</td>
<td>Cataract &amp; Refractive Surgery</td>
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<tr>
<td>Dr Richard Bowman</td>
<td>London, England</td>
<td>Paediatrics</td>
</tr>
<tr>
<td>Dr Janet Davis</td>
<td>Miami, USA</td>
<td>Uveitis</td>
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<tr>
<td>Dr Susan Downes</td>
<td>Oxford, England</td>
<td>Medical Retina</td>
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<tr>
<td>Dr Frank Larkin</td>
<td>London, England</td>
<td>Cornea</td>
</tr>
<tr>
<td>Dr Geoff Rose</td>
<td>London, England</td>
<td>Oculoplastics &amp; Orbits</td>
</tr>
<tr>
<td>Dr John Salmon</td>
<td>Oxford, England</td>
<td>Glaucoma</td>
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</tbody>
</table>

Heidelberg Users’ Workshop

This is a pre-congress workshop. **Wednesday, 13 March 2013, 14:00**
Although this workshop is free of charge for all delegates, you are requested to tick the relevant block on the registration form.
Cape Argus Cycle Tour

Be a sport and combine the Ossa Congress with the Cape Argus Cycle Tour (Sunday, 10 March 2013).

The Cape Argus Pick n Pay Cycle Tour (referred to in short as the Argus) is an annual cycle race hosted in Cape Town, South Africa, usually 109 km long. It is the first event outside Europe to be included in the International Cycling Union’s Golden Bike Series.

International entrants can enter online from 1 September every year. Alternatively, you can download the appropriate entry form and email or fax it to us. The entry forms will be available once entries have opened. You may request an entry form by e-mailing info@cycletour.co.za.

The race is one of South Africa’s three ‘largest sporting events’ in the world. With as many as 31 000 cyclists taking part, it is the world’s largest individually timed cycle race. The other two are the world’s largest ultra marathon event, the Comrades Marathon, as well as the world’s largest open water swim, the Midmar Mile.

Only South African residents must have a licence to take part.

Email: info@cycletour.co.za
Telephone: +27 21 681 4333
Fax: +27 21 685 6648
Website: http://www.cycletour.co.za/

Invitation from Carl Zeiss:

Carl Zeiss will once again be entering a corporate team into the Cape Argus Cycle Tour and all OSSA delegates are invited to join.

Your participation will help to raise money for the valuable work of Retina SA and to create awareness of being a corneal donor. A donation of R600 will secure your place in the Carl Zeiss / OSSA team.

For additional information and bookings, please contact Sumaya Adam on 011 886 9510 or sumaya.adam@zeiss.com. Entries will close by 30 November. Places are limited, so please book as soon as possible.

Carl Zeiss looks forward to welcoming everyone to an energetic start to the OSSA Congress in Cape Town.
Registration

Registration procedure

• In order to assist the organisers, delegates are requested to register BEFORE 7 December 2012.

• It is YOUR responsibility to ensure that the organisers have received your registration form. Please ensure that that you receive a confirmation by e-mail from the organisers within 10 working days.

• Registrations for the Congress can only be confirmed (by e-mail / fax) once full payment has been received.

• ALL speakers are required to register.

Important request to companies sponsoring delegates:
Please let us have the delegate’s personal e-mail address and other contact information
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<tr>
<th>Registration option 1</th>
<th>Registration option 2</th>
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</thead>
<tbody>
<tr>
<td><strong>Step 1</strong></td>
<td><strong>Step 1</strong></td>
</tr>
<tr>
<td>COMPLETE registration form. Please print in BLOCK LETTERS</td>
<td>Register ONLINE at <a href="http://www.ossa2013.co.za">www.ossa2013.co.za</a></td>
</tr>
<tr>
<td><strong>Step 2</strong></td>
<td><strong>Step 2</strong></td>
</tr>
<tr>
<td>FAX / E-MAIL registration form, as well as proof of payment (if applicable) to 086 60 60 555 / <a href="mailto:ossacongress@telkomsa.net">ossacongress@telkomsa.net</a></td>
<td>FAX / E-MAIL proof of payment (if applicable) to 086 60 60 555 / <a href="mailto:ossacongress@telkomsa.net">ossacongress@telkomsa.net</a></td>
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<tr>
<td><strong>Step 3</strong></td>
<td><strong>Step 3</strong></td>
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<tr>
<td>Ensure that you receive a confirmation by e-mail from the organisers within 10 working days.</td>
<td>Ensure that you receive a confirmation by e-mail from the organisers within 10 working days.</td>
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</table>

- It is YOUR responsibility to ensure that we have received your registration.

### Payment options

1) **Direct bank deposit**

*(Please do not mail any cheques to us)*

- **Standard Bank (Menlyn)**
  - Branch code: 012345
  - Account number: 411 362 569
  - Swift code: SBZAZAJJ (for international transfers)
  - Account name: Ossa CT Congress 2013
  - Reference: Your name and surname as it appears on the registration form.

Please e-mail / fax proof of payment to ossacongress@telkomsa.net / 086 60 60 555

2) **Credit cards**

- We only accept Master Card and Visa.
  - Please complete the relevant section on the registration form.
  - Diners or American Express Cards NOT ACCEPTED.

**Please take note that we DO NOT accept government orders.**
Fee entitlements
Two-day programmes for optometrists, assistants, nurses, practice managers & administrators included.
• Congress sessions, workshops and exhibition
• Welcoming Function
• Allergan Social Evening (Excluding trade delegates)
• Lunches & refreshments during breaks
• (Farewell Dinner excluded: R 300 for all registered delegates and additional guests, trade included).

Cancellation policy
Notice of cancellation must be received in writing. A 20% administration fee will be deducted before 18 January 2012 and a 40% fee thereafter. **No refunds after 28 February 2013.**

**Please note:** For those who attend the entire congress, there is no charge for any of the Welcoming Function and the Allergan Evening. However, there will be access control at all the functions. If you do not tick the box alongside the function on the registration form, it will be presumed that you will not attend and you will NOT be registered for the relevant social function. **If you are not registered for a certain function, you will NOT be allowed to attend it.**
## Registration fees

<table>
<thead>
<tr>
<th>Please refer to fee entitlements</th>
<th>EARLY BIRD Register AND pay BEFORE 7 Dec 2012</th>
<th>LATE FEE Register AND pay AFTER 7 Dec 2012</th>
<th>ULTRA LATE FEE Register AND pay AFTER 1 March 2013</th>
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<tbody>
<tr>
<td></td>
<td>Entire duration</td>
<td>*Specific days</td>
<td>Entire duration</td>
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<td>14% VAT Included</td>
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*Members:

- **Ophthalmologist in private practice or part-time private practice**
  - EARLY BIRD: R 4 400
  - LATE FEE: R 5 000
  - ULTRA LATE FEE: R 5 800

- **Ophthalmologist in full-time post with no private practice**
  - EARLY BIRD: R 3 500
  - LATE FEE: R 4 000
  - ULTRA LATE FEE: R 4 500

- **Associate member: Optometrist / Doctor from any other discipline**
  - EARLY BIRD: R 3 500
  - LATE FEE: R 4 000
  - ULTRA LATE FEE: R 4 500

- **Bona fide retired/honorary member**
  - EARLY BIRD: R 2 000
  - LATE FEE: R 2 400
  - ULTRA LATE FEE: R 2 800

*Non-Members:

- **Ophthalmologist from Africa (Excluding South Africa)**
  - EARLY BIRD: R 3 300
  - LATE FEE: R 3 800
  - ULTRA LATE FEE: R 4 500

- **Ophthalmologist in private practice or part-time private practice**
  - EARLY BIRD: R 7 500
  - LATE FEE: R 8 000
  - ULTRA LATE FEE: R 8 900

- **Ophthalmologist in full-time post with no private practice**
  - EARLY BIRD: R 5 800
  - LATE FEE: R 6 600
  - ULTRA LATE FEE: R 7 900

- **Ophthalmologist from overseas**
  - EARLY BIRD: R 4 500
  - LATE FEE: R 5 300
  - ULTRA LATE FEE: R 6 400

- **Optometrist / Doctor from any other discipline**
  - EARLY BIRD: R 3 800
  - LATE FEE: R 4 500
  - ULTRA LATE FEE: R 4 900

- **Registrar / Medical officer in Ophthalmology / Orthoptist / Ocularist / Practice Manager / Community Field Worker / Optometrist in full-time public practice / Optometric student**
  - EARLY BIRD: R 2 000
  - LATE FEE: R 2 400
  - ULTRA LATE FEE: R 2 800

- **Ophthalmic Assistant / Ophthalmic Nurse / Practice Administrator**
  - EARLY BIRD: R 2 000
  - LATE FEE: R 2 400
  - ULTRA LATE FEE: R 2 800

**Trade Delegates**

- **Trade Delegate / Exhibitor:** Registered representative in the service of a company **participating in the trade exhibition**
  - EARLY BIRD: R 3 200
  - LATE FEE: R 3 700
  - ULTRA LATE FEE: R 4 200

Ophthalmological Society of South Africa
**OSSA Member:** Delegate who is a member of OSSA and whose 2013 fees are paid up.

**Non-Member:** Delegate who is not a registered member of OSSA or a member whose 2013 fees are not paid up.

If you register as a Member and your fees are not paid up for the year 2013, the Registrations Manager will correct your registration amount and charge you accordingly.

Should you wish to become a Member of OSSA, please contact the OSSA secretary to request a Membership form via the website www.ossa.co.za

**Please note that ONLY trade delegates / representatives in the service of companies participating in the Trade Exhibition OR involved as sponsors will be allowed to attend the congress.**

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**SOCIAL FUNCTIONS:**

<table>
<thead>
<tr>
<th>Event</th>
<th>Description</th>
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<tbody>
<tr>
<td>Welcoming Function &amp; Allergan Social Evening</td>
<td>Free of charge for those delegates attending the entire academic congress (Two-day programmes included). Trade delegates are excluded from the Allergan Social Evening.</td>
</tr>
<tr>
<td>Welcoming Function (14 March)</td>
<td>Free of charge for all registered delegates  R 250 / person for additional guests</td>
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<tr>
<td>Allergan Social Evening (15 March)</td>
<td>Free of charge for all registered delegates  R 250 / person for additional guests</td>
</tr>
<tr>
<td>Farewell Dinner (16 March)</td>
<td>R 300 for all congress delegates and additional guests</td>
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</tbody>
</table>

You are personally responsible for full payment of these fees in the event that your institution or company does not pay them.
Social Functions

Thursday, 14 March, 18:15

**Welcoming Function**
**Venue:** The Westin (Opposite the CTICC)
**Dress:** Casual
**Cost:** Free of charge for all registered delegates. R 250 for additional guests.

Friday, 15 March, 19:00

**Allergan Social Evening**
**Venue:** To be confirmed
**Dress:** Casual
**Cost:** Free of charge for all registered delegates. R 250 for additional guests.
Trade delegates excluded. Limited seating available.

Saturday, 16 March, 19:30 for 20:00

**Farewell Dinner**
**Venue:** Ballroom East, CTICC
**Dress:** Black Tie / Day suit / Traditional
**Cost:** R 300 for all congress delegates (Trade delegates included) and additional guests

Ophthalmological Society of South Africa
Accommodation Arrangements

You are responsible for your own accommodation arrangements.

Please refer to the First Invitation or congress website for comprehensive information.

We have secured group accommodation at the following hotels:
City Lodge V&A Waterfront, Garden Court Eastern Boulevard, Park Inn by Radisson, Southern Sun Cape Sun, Southern Sun The Cullinan, Southern Sun Waterfront Cape Town & The Westin Cape Town

These rooms will be reserved for congress delegates until Friday, **11 January 2013** and will be available on a first-come, first served-basis.

Travel arrangements & shuttle service

- **You are responsible for your own travel arrangements.**
- A shuttle service will be provided between the Cape Town Airport and the CTICC on Wednesday 13 March, Thursday 14 March and Sunday 17 March 2012. On these days you can leave your luggage at the Congress Office.
- A **daily shuttle service** will be provided between the CTICC and the City Lodge V&A Waterfront, Garden Court Eastern Boulevard, Southern Sun Cape Sun for the duration of the congress. (Southern Sun The Cullinan, Southern Sun Waterfront Cape Town & The Westin Cape Town are walking distance from the CTICC.)
- If you plan to stay at any other hotel or guest house, you have to make provision for your own daily transport to and from the Congress venue. In this case you are most welcome to make use of the shuttle between the Cape Town Airport and the CTICC on the first and last days of the congress.
- **Shuttle fare:** R 350 / person  (For the shuttles between the Cape Town Airport, CTICC, hotels as mentioned and function venues)
Shuttles from Cape Town Airport to CTICC:
Wednesday, 13 March - Departure times: 12:00 & 17:00
Thursday, 14 March - Departure times: 09:00, 10:00, 11:00, 12:00 & 15:00

Shuttles from CTICC to Cape Town Airport:
Sunday, 17 March - Departure times: 09:00, 10:00, 11:00

PLEASE NOTE: There will be no shuttle service between the CTICC and any other hotels or guest houses.

SOS Fun Run / Walk

Enjoy the early morning sea breeze on Saturday, 16 March, 06:30.
Meet your friends and colleagues at the main entrance of the CTICC.
Please take note that no shuttles will be available for delegates to and from the SOS Fun Run / Walk.
## Preliminary Programme at a glance
### OSSA Congress 2013

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<th></th>
<th>We, 13 March</th>
<th>Th, 14 March</th>
<th>Fr, 15 March</th>
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<tbody>
<tr>
<td><strong>Morning</strong></td>
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<td><strong>Meetings:</strong></td>
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<tr>
<td>08:00 – 17:00 Registration &amp; Exhibition</td>
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<td>08:00 Council Meeting: College of Ophthalmologists</td>
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<td>07:00 Registration</td>
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<td>10:00 Heads of Ophthalmology Departments</td>
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<td>08:00 Ophthalmology</td>
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<td>08:00 Optometry</td>
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<td>07:50 Ophthalmic managers</td>
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<td>08:20 Ophthalmic nurses</td>
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<td>08:00 Optometry</td>
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<td>07:00 Registration</td>
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<td>10:30 Refreshments &amp; Exhibition</td>
<td>08:10 Ophthalmic assistants</td>
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<td>08:00 Ophthalmology</td>
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<td>08:20 Ophthalmic nurses</td>
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<td>08:10 Ophthalmic assistants</td>
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<td>10:30 Official opening</td>
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<td>11:15 Ophthalmology</td>
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<td>10:45 Ophthalmology</td>
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<td>11:15 Ophthalmic managers</td>
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<td>13:00 Retina SA: Scientific Advisory Board</td>
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<td>11:15 Optometry</td>
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<td>13:00 Lunch &amp; Exhibition</td>
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<td>13:00 Lunch &amp; Exhibition</td>
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<td>11:15 Ophthalmic nurses</td>
<td>12:10 Workshops 1 - 3</td>
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<td><strong>Afternoon</strong></td>
<td>14:00 Heidelberg Users’ Workshop</td>
<td>14:00 Ophthalmology</td>
<td>16:00 Refreshments</td>
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<td>16:30 Ophthalmology</td>
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<td>18:00 Adjourn</td>
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<td><strong>Evening</strong></td>
<td>18:15 Welcoming Function (The Westin)</td>
<td>19:00 Allergan Social Evening</td>
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<td>18:15 Welcoming Function</td>
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<td>(The Westin)</td>
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<td>19:00 Allergan Social Evening</td>
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<tr>
<td>06:30  SOS Fun Run / Walk</td>
<td>08:00  Ophthalmology</td>
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<tr>
<td>08:00  Ophthalmology</td>
<td>10:15  Congress closure</td>
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<td>08:00  Ophthalmic managers</td>
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<td>08:00  Optometry</td>
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<td>08:30  Ophthalmic assistants</td>
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<td>08:00  Ophthalmic nurses</td>
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<tr>
<td>10:30  Refreshments &amp; Exhibition</td>
<td>10:30  Refreshments</td>
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<td>11:15  Ophthalmology</td>
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<tr>
<td><strong>DJ Wood Lecture</strong></td>
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<td>12:00  Adjourn</td>
<td>11:00  Shuttles depart to airport</td>
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<td>12:10  Workshops 4 - 6</td>
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<tr>
<td>13:00  Lunch &amp; Poster Session</td>
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<td>14:00  Ophthalmology</td>
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<td>14:00  Ophthalmic managers</td>
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<td>14:00  Optometry</td>
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<td><strong>15:30 Refreshments</strong></td>
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<td>16:00  Ophthalmology</td>
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<td>17:10  OSSA AGM</td>
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<td>18:10  OMG AGM</td>
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<td>18:30  Adjourn</td>
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<td><strong>19:30 for 20:00 Farewell Dinner (CTICC)</strong></td>
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Scientific Programme & Workshops

The entire scientific programme, as well as details regarding the workshops will be on the congress website by 9 November 2012.

Facilities & Activities

Please refer to the official Cape Town Tourism website for comprehensive information - www.tourismcapetown.co.za

General information

Annual General Meetings

**Saturday, 16 March 2013**

OSSA AGM 17:10
OMG AGM 18:10

Continuing Professional Development (CPD) points

The congress will be accredited by the Health Professions Council of South Africa and registered for CPD points.

Language

The official language of the Congress will be English. No simultaneous translation into any other language will be provided.

Currency

ZAR South African Rand.
Climate
Average temperature: 25 – 30° C. Light jacket essential for the evenings.

Electricity
The electricity supply in South Africa is 220 / 230 volts, AC 50 Hz.

Insurance
The Congress organisers cannot accept any liability for personal injuries sustained, or for loss of, or damage to, property belonging to Congress participants (or their accompanying persons), either during or as a result of the Congress. Please check the validity of your own insurance.

Visas
It is strongly suggested that all travellers check the latest visa requirements with the nearest South African Embassy or Consulate before travelling.

OR visit http://www.sa-venues.com/tourist_and_visitor_information_.htm#Visa

The passports of all travellers entering South Africa must contain at least two clean (unstamped) visa pages each time entry is sought.

Travellers entering South Africa from countries where yellow fever is endemic are often required to present their yellow World Health Organisation (WHO) vaccination record or other proof of inoculation. If they are unable to do so, they must be inoculated at the airport in order to be permitted entry.

Special dietary requirements
Halaal, Vegetarian & Kosher: Please indicate your requirements on the registration form.

Time zone
South Africa is GMT + 2 hours.
The moment you realize that big opportunities come from small incisions. **This is the moment we work for.**

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Use ZEISS MICS IOLs and the BLUEMIXS 180 injector for an astigmatism-neutral surgery with rapid visual recovery. It covers the complete range of ZEISS preloaded MICS IOLs: monofocal, toric, multifocal and multifocal toric. The BLUEMIXS 180 injector is the perfect fit for a 1.8 mm MICS incision size.

[www.meditec.zeiss.com/fiol](http://www.meditec.zeiss.com/fiol)