

MediSaver



MEDSHIELD MediSaver Benefit Option

You never know when you or your family member/s may require medical care or treatment and, most importantly, whether you will have funds readily available to cover the costs.

The Medshield Medical Scheme 2019 Benefits were designed with the intent to ensure member access to quality healthcare services.

Do you enjoy being independent, managing your own expenses, and are thinking about expanding your family? Our **MediSaver** option offers unlimited In-Hospital cover through the Medshield Hospital Network whilst empowering you to manage your own Out-of-Hospital medical requirements through a Personal Savings Account. As an added benefit, the **MediSaver** option offers an added Out-of-Hospital maternity package which is payable from risk.

This is an overview of the benefits offered on the **MediSaver** option:

Wellness
Benefits



Major Medical
Benefits
(In-Hospital)

Oncology Benefits



Chronic Medicine Benefits



AmbulanceServices

MaternityBenefits

What you need to know as a member

- Carefully read through this guide and use it as a reference for more information on what is covered on the **MediSaver** option, the benefit limits, and the rate at which the services will be covered
- All hospital admissions must be pre-authorised 72 hours prior to admission by the relevant Managed Healthcare Programme on 086 000 2121 (+27 11 671 2011)
- Your cover for hospitalisation includes accommodation, theatre costs, hospital equipment, theatre and/or ward drugs, pharmaceuticals and/or surgical items
- Hospitalisation is easily accessible through the Medshield Hospital Network for your peace of mind

- Pre-authorisation is not a guarantee of payment and Scheme Rules/Protocols will be applied where applicable
- Specialist services from treating/attending
 Specialists are subject to pre-authorisation
- The use of the Medshield Specialist Network may apply
- If you do not obtain a pre-authorisation or retrospective authorisation in case of an emergency, you will incur a percentage penalty
- Our Contact Centre Agents are available to assist should you require clarity on your benefits

Your claims will be covered as follows:

Medicines paid at 100% of the lower of the cost

of the SEP of a product plus a negotiated dispensing fee, subject to the use of the Medshield Pharmacy Network and Managed Healthcare protocols.

Treatment and consultations will be paid at 100%

of the negotiated fee, or in the absence of such fee, 100% of the lower of the cost or Scheme Tariff



Medshield Private Tariff (up to 200%)

will apply to the following service:

 Confinement by a registered Midwife.



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The application of co-payments

The following services will attract upfront co-payments:

Non-PMB Specialised Radiology including PET and PET-CT scan

Specialised Drugs for Oncology, non-Oncology and Biological Drugs

Non-PMB Internal Prosthesis and Devices

Voluntary use of a non-Medshield Network Hospital

Voluntary use of a non-Medshield Network Hospital - Mental Health

Voluntary use of a non-Medshield Network Hospital - Organ, Tissue and Haemopoietic

stem cell (Bone marrow) transplant

Voluntary use of a non-DSP for HIV & AIDS related medication

Voluntary use of a non-DSP or a non-Medshield Pharmacy Network

Voluntarily obtained out of formulary medication

Voluntary use of a non-ICON provider - Oncology

Voluntary use of a non-DSP provider - Chronic Renal Dialysis

10% upfront co-payment

20% upfront co-payment

25% upfront co-payment

25% upfront co-payment 25% upfront co-payment

25% upfront co-payment

40% upfront co-payment

40% upfront co-payment

40% upfront co-payment 40% upfront co-payment

40% upfront co-payment

In-Hospital Procedural upfront co-payments

Endoscopic procedures (refer to Addendum B for list of services)

Hernia Repair (except in infants)

Laparoscopic procedures

Arthroscopic procedures

Wisdom Teeth

Nissen Fundoplication

Hysterectomy

Functional Nasal surgery

Back and Neck surgery

R1 500 upfront co-payment

R3 000 upfront co-payment

R3 500 upfront co-payment

R3 500 upfront co-payment

R3 500 upfront co-payment

R5 000 upfront co-payment

R5 000 upfront co-payment

R5 000 upfront co-payment

R7 000 upfront co-payment

Please note: Failure to obtain an authorisation prior to hospital admission or surgery and/or treatment (except for an emergency), will attract a 20% penalty.

GAP Cover

Gap Cover assists in paying for certain shortfalls not covered by the Scheme based on Scheme Rules. Assistance is dependent on the type of Gap Cover chosen. Medshield members can access Gap Cover through their Brokers.

MAJOR Medical Benefits – In-Hospital

BENEFIT CATEGORY	BENEFIT LIMIT AND COMMENTS
OVERALL ANNUAL LIMIT	Unlimited.
HOSPITALISATION Subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 11 671 2011) and services must be obtained from the Medshield Hospital Network. Clinical Protocols apply.	Unlimited. Specialist services from treating/attending Specialists are subject to pre-authorisation.
SURGICAL PROCEDURES As part of an authorised event.	Unlimited.
MEDICINE ON DISCHARGE FROM HOSPITAL Included in the hospital benefit if on the hospital account or if obtained from a Pharmacy on the day of discharge.	Limited to R600 per admission. According to the Maximum Generic Pricing or Medicine Price List and Formularies.
ALTERNATIVES TO HOSPITALISATION Treatment only available immediately following an event. Subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 11 671 2011) and services must be obtained from the Medshield Hospital Network. Includes the following: Physical Rehabilitation Sub-Acute Facilities Nursing Services Hospice	R60 000 per family per annum.
Terminal Care Clinical Protocols apply.	R33 500 per family per annum. Subject to the Alternatives to Hospitalisation Limit.
GENERAL, MEDICAL AND SURGICAL APPLIANCES Service must be pre-approved or pre-authorised by the Scheme on 086 000 2120 (+27 10 597 4701) and must be obtained from the DSP, Network Provider or Preferred Provider.	R8 900 per family per annum.
Hiring or buying of Appliances, External Accessories and Orthotics: Peak Flow Meters, Nebulizers, Glucometers and Blood Pressure Monitors (motivation required)	R750 per beneficiary per annum. Subject to Appliance Limit.
Hearing Aids (including repairs)	Subject to Appliance Limit.
• Wheelchairs (including repairs)	Subject to Appliance Limit.
Stoma Products and Incontinence Sheets related to Stoma Therapy	Unlimited if pre-authorised.
CPAP Apparatus for Sleep Apnoea Subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 11 671 2011) and services must be obtained from the Preferred Provider.	Subject to Appliance Limit.
Clinical Protocols apply.	
OXYGEN THERAPY EQUIPMENT Subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 11 671 2011) and services must be obtained from the DSP or Network Provider. Clinical Protocols apply.	Unlimited.
HOME VENTILATORS	Unlimited.
Subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 11 671 2011) and services must be obtained from the DSP or Network Provider.	
Clinical Protocols apply.	

MAJOR Medical Benefits – In-Hospital

BENEFIT CATEGORY	BENEFIT LIMIT AND COMMENTS
BLOOD, BLOOD EQUIVALENTS AND BLOOD PRODUCTS (Including emergency transportation of blood) Subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 11 671 2011) and services must be obtained from the DSP or Network Provider. Clinical Protocols apply.	Unlimited.
MEDICAL PRACTITIONER CONSULTATIONS AND VISITS	Unlimited.
As part of an authorised event during hospital admission, including Medical and Dental Specialists or Family Practitioners.	
REFRACTIVE SURGERY	R8 380 per family per annum.
Subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 11 671 2011) and services must be obtained from the Medshield Hospital Network. The use of the Medshield Specialist Network may apply.	Including hospitalisation, if not authorised, payable from Personal Savings Account.
Includes the following: Lasik Radial Keratotomy Phakic Lens Insertion	
Clinical Protocols apply.	
SLEEP STUDIES Subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 11 671 2011) and services must be obtained from the Medshield Hospital Network.	
Includes the following: Diagnostic Polysomnograms CPAP Titration	Unlimited. Unlimited.
Clinical Protocols apply.	
ORGAN, TISSUE AND HAEMOPOIETIC STEM CELL (BONE MARROW) TRANSPLANTATION Subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 11 671 2011) and services must be obtained from the Medshield Hospital Network. Includes the following: Immuno-Suppressive Medication Post Transplantation Biopsies and Scans Related Radiology and Pathology Clinical Protocols apply.	R250 000 per family per annum. 25% upfront co-payment for the use of a non-Medshield Network Hospital. Organ harvesting is limited to the Republic of South Africa Work-up costs for donor in Solid Organ Transplants included. No benefits for international donor search costs. Haemopoietic stem cell (bone marrow) transplantation is limited to allogenic grafts and autologous grafts derived from the South African Bone Marrow Registry.
PATHOLOGY AND MEDICAL TECHNOLOGY As part of an authorised event, and excludes allergy and vitamin D testing. Clinical Protocols apply.	Unlimited.
PHYSIOTHERAPY Subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 11 671 2011).	R2 500 per beneficiary per annum. Thereafter subject to Personal Savings Account.
PROSTHESIS AND DEVICES INTERNAL	R39 700 per family per annum.
Subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 11 671 2011) and services must be obtained from the Medshield Hospital Network. Preferred Provider Network will apply. Surgically Implanted Devices. Clinical Protocols apply.	25% upfront co-payment for non-PMB. Sub-limit for hips and knees: R30 000 per beneficiary - subject to Prosthesis and Devices Internal Limit (global fee).
PROSTHESIS EXTERNAL	Subject to Prosthesis and Devices Internal Limit.
Service must be pre-approved or pre-authorised by the Scheme on 086 000 2120 (+27 10 597 4701) and must be obtained from the DSP, Network Provider or Preferred Provider. Including Ocular Prosthesis. Clinical Protocols apply.	No co-payment applies to External Prosthesis.

BENEFIT CATEGORY	BENEFIT LIMIT AND COMMENTS	
LONG LEG CALLIPERS	Subject to Prosthesis and Devices Internal Limit.	
Service must be pre-approved or pre-authorised by the Scheme on 086 000 2120 (+27 10 597 4701) and must be obtained from the DSP, Network Provider or Preferred Provider.	No co-payment applies to External Prosthesis.	
GENERAL RADIOLOGY	Unlimited.	
As part of an authorised event. Clinical Protocols apply.		
SPECIALISED RADIOLOGY	R17 750 per family per annum.	
Subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 11 671 2011) and services must be obtained from the DSP or Network Provider.	10% upfront co-payment for non-PMB.	
Includes the following:		
 CT scans, MUGA scans, MRI scans, Radio Isotope studies CT Colonography (Virtual colonoscopy) Interventional Radiology replacing Surgical Procedures Clinical Protocols apply. 	Subject to Specialised Radiology Limit. No co-payment applies to the CT Colonography. Unlimited.	
CHRONIC RENAL DIALYSIS	R250 000 per family per annum.	
Subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 11 671 2011) and services must be obtained from the DSP or Network Provider.	40% upfront co-payment for the use of a non-DSP. Use of a DSP applicable from Rand one for PMB and non-PMB.	
Haemodialysis and Peritoneal Dialysis includes the following: Material, Medication, related Radiology and Pathology Clinical Protocols apply.		
NON-SURGICAL PROCEDURES AND TESTS	Unlimited.	
As part of an authorised event. The use of the Medshield Specialist Network may apply.		
MENTAL HEALTH Subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 11 671 2011) and services must be obtained from the Medshield Hospital Network. The use of the Medshield Specialist Network may apply. Up to a maximum of 3 days if patient is admitted by a Family Practitioner.	R37 500 per family per annum. 25% upfront co-payment for the use of a non- Medshield Network Hospital. DSP applicable from Rand one for PMB and non-PMB admissions.	
 Rehabilitation for Substance Abuse 1 rehabilitation programme per beneficiary per annum Consultations and Visits, Procedures, Assessments, Therapy, Treatment and/or Counselling 	R13 400 per family per annum. Limited to and included in the Mental Health Limit. Subject to Mental Health Limit.	
HIV & AIDS	As per Managed Healthcare Protocols.	
Subject to pre-authorisation and registration with the relevant Managed Healthcare Programme on 086 050 6080 (+27 11 912 1000) and must be obtained from the DSP.		
Includes the following:		
 Anti-retroviral and related medicines HIV/AIDS related Pathology and Consultations National HIV Counselling and Testing (HCT) 	Out of formulary PMB medication voluntarily obtained or PMB medication voluntarily obtained from a provider other than the DSP will have a 40% upfront co-payment.	
INFERTILITY INTERVENTIONS AND INVESTIGATIONS	Limited to interventions and investigations only.	
Subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 11 671 2011) and services must be obtained from the DSP. The use of the Medshield Specialist Network may apply. Clinical Protocols apply.	Refer to Addendum A for a list of procedures and blood tests.	
BREAST RECONSTRUCTION (following an Oncology event)	R80 000 per family per annum.	
Subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 11 671 2011) and services must be obtained from the DSP or Network Provider. The use of the Medshield Specialist Network may apply. Post Mastectomy (including all stages) Clinical Protocols apply.	Co-payment and Prosthesis limit as stated under Prosthesis is not applicable for the Breast Prosthesis.	

MATERNITY Benefits

Benefits will be offered during pregnancy, at birth and after birth. Subject to pre-authorisation with the relevant Managed Healthcare Programme prior to hospital admission. Benefits are allocated per pregnancy subject to the Overall Annual Limit, unless otherwise stated.



BENEFIT CATEGORY	BENEFIT LIMIT AND COMMENTS
ANTENATAL CONSULTATIONS The use of the Medshield Specialist Network may apply.	12 Antenatal consultations per pregnancy.
ANTENATAL CLASSES	R500 per family.
PREGNANCY RELATED SCANS AND TESTS	Limited to the following: Two 2D Scans per pregnancy. 1 Amniocentesis per pregnancy.
CONFINEMENT AND POSTNATAL CONSULTATIONS	
Subject to pre-authorisation by the relevant Managed Healthcare Programme on	
086 000 2121 (+27 11 671 2011) and services must be obtained from the Medshield	
Hospital Network. The use of the Medshield Specialist Network may apply.	
 Confinement in hospital Delivery by a Family Practitioner or Medical Specialist Confinement in a registered birthing unit or out of hospital 	Unlimited. Unlimited. Unlimited.
- Midwife consultations per pregnancy	4 Postnatal consultations per pregnancy.
- Delivery by a registered Midwife or a Practitioner	Medshield Private Rates (up to 200%) applies to a registered Midwife only.
- Hire of water bath and oxygen cylinder	Unlimited.
Clinical Protocols apply.	

ONCOLOGY Benefits

This benefit is subject to the submission of a treatment plan and registration on the Oncology Management Programme (ICON). You will have access to post active treatment for 36 months.

BENEFIT CATEGORY	BENEFIT LIMIT AND COMMENTS
ONCOLOGY LIMIT (40% upfront co-payment for the use of a non-DSP)	R300 000 per family per annum.
Active Treatment Including Stoma Therapy, Incontinence Therapy and Brachytherapy.	Subject to Oncology Limit. ICON Standard Protocols apply.
Oncology Medicine	R200 000 per family per annum. Subject to Oncology Limit. ICON Standard Protocols apply.
Radiology and Pathology Only Oncology related Radiology and Pathology as part of an authorised event.	Subject to Oncology Limit.
PET and PET-CT Limited to 1 Scan per family per annum.	R19 080 per family per annum. Subject to Oncology Limit. 10% upfront co-payment for non-PMB.
INTEGRATED CONTINUOUS CANCER CARE Social worker psychological support during cancer care treatment.	6 visits per family per annum. Subject to Oncology Limit.
SPECIALISED DRUGS FOR ONCOLOGY, NON-ONCOLOGY AND BIOLOGICAL DRUGS	Subject to Oncology Medicine Limit. 20% upfront co-payment for non-PMB.
Macular Degeneration Clinical Protocols apply.	R40 000 per family per annum. Subject to Oncology Medicine Limit.

CHRONIC MEDICINE Benefits

Covers expenses for specified chronic diseases which require ongoing, long-term or continuous medical treatment.

Registration and approval on the Chronic Medicine Management Programme is a

pre-requisite to access this benefit.

Contact the Managed Healthcare Provider on 086 000 2120 (+27 10 597 4701).

Medication needs to be obtained from a Medshield Pharmacy Network Provider.

40% Upfront co-payment

will apply in the following instances:

- Out of formulary PMB medication voluntarily obtained.
- Formulary PMB medication voluntarily obtained from a non Medshield Pharmacy Network Provider.

This option covers medicine for all 26 PMB CDLs.

Re-imbursement at Maximum Generic Price

or Medicine Price List and Medicine Formularies. Levies and co-payments to apply where relevant.

BENEFIT CATEGORY	BENEFIT LIMIT AND COMMENTS
 The use of a Medshield Pharmacy Network Provider is applicable from Rand one. Supply of medication is limited to one month in advance. 	Limited to PMB only. Medicines will be approved in line with the Medshield Restrictive Formulary.



DENTISTRY Benefits

Provides cover for Dental Services according to the Dental Managed Healthcare Programme and Protocols.

BENEFIT CATEGORY	BENEFIT LIMIT AND COMMENTS
BASIC DENTISTRY	
In-Hospital (only for beneficiaries under the age of 6 years old) Subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 10 597 4701). Failure to obtain an authorisation prior to treatment will result in a 20% penalty. According to the Dental Managed Healthcare Programme, Protocols and the Medshield Dental Network. Services must be obtained from the Medshield Hospital Network.	Subject to the Specialised Dentistry Limit.
Out-of-Hospital According to the Dental Managed Healthcare Programme, Protocols and the Medshield Dental Network. Plastic Dentures subject to pre-authorisation. Failure to obtain an authorisation prior to treatment, will result in a 20% penalty.	Subject to Personal Savings Account.
SPECIALISED DENTISTRY All below services are subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 10 597 4701). Failure to obtain an authorisation prior to treatment will result in a 20% penalty. According to the Dental Managed Healthcare Programme, Protocols and the Medshield Dental Network.	R11 180 per family per annum.
Wisdom Teeth and Apicectomy Wisdom Teeth - Services must be obtained from the Medshield Hospital Network. Apicectomy only covered in the Practioners' rooms. Subject to pre-authorisation. According to the Dental Managed Healthcare Programme, Protocols and the Medshield Dental Network.	Subject to the Specialised Dentistry Limit. R3 500 upfront co-payment applies if procedure is done in hospital. No co-payment applies if procedure is done under conscious sedation in Practitioners' rooms.
Dental Implants Includes all services related to Implants Subject to pre-authorisation.	Subject to the Specialised Dentistry Limit.
Orthodontic Treatment Subject to pre-authorisation. According to the Dental Managed Healthcare Programme, Protocols and the Medshield Dental Network.	Subject to Personal Savings Account.
Crowns, Bridges, Inlays, Mounted Study Models, Partial Metal Base Dentures and Periodontics Consultations, Visits and Treatment for all such dentistry including the Technicians' Fees. According to the Dental Managed Healthcare Programme, Protocols and the Medshield Dental Network. Subject to pre-authorisation.	Subject to Personal Savings Account.
MAXILLO-FACIAL AND ORAL SURGERY	R17 700 per family per annum.
All services are subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 10 597 4701). Non-elective surgery only. According to the Dental Managed Healthcare Programme and Protocols. Services must be obtained from the Medshield Hospital Network. The use of the Medshield Specialist Network may apply.	

OUT-OF-HOSPITAL Benefits

Provides cover for Out-of-Hospital services such as FP Consultations, Optical Services, Specialist Consultations and Acute Medication from your Personal Savings Account (PSA).

Your PSA is 15% of your monthly contributions and it is allocated six months in advance.

Medicines paid at
100% of the lower
of the cost of the
SEP of a product plus a
negotiated dispensing fee,
subject to the
use of the Medshield
Pharmacy Network
and Managed
Healthcare Protocols.



Treatment paid at 100% of the negotiated fee, or in the absence of such fee
100% of the cost or Scheme Tariff.



DAY-TO-DAY Benefits

The following services are paid from your Personal Savings Account, unless a specific sub-limit is stated all services accumulate to the Overall Annual Limit.

BENEFIT CATEGORY	BENEFIT LIMIT AND COMMENTS
FAMILY PRACTITIONER (FP) CONSULTATIONS AND VISITS	Subject to Personal Savings Account.
MEDICAL SPECIALIST CONSULTATIONS AND VISITS The use of the Medshield Specialist Network may apply.	Subject to Personal Savings Account.
CASUALTY/EMERGENCY VISITS	Subject to Personal Savings Account.
Facility fee, Consultations and Medicine. If retrospective authorisation for emergency is obtained from the relevant Managed Healthcare Programme within 72 hours, benefits will be subject to Overall Annual Limit. Only bona fide emergencies will be authorised.	
MEDICINES AND INJECTION MATERIAL	
Acute medicine	Subject to Personal Savings Account.
Medshield medicine pricing and formularies apply.	
Pharmacy Advised Therapy (PAT)	Subject to Personal Savings Account. Limited to R210 per script.
OPTICAL LIMIT	Subject to Personal Savings Account.
Subject to relevant Optometry Managed Healthcare Programme and Protocols.	
Optometric Refraction (eye test)	1 test per beneficiary per 24 month optical cycle. Limited to Personal Savings Account.
Spectacles AND Contact Lenses: (including repair costs)	Subject to Personal Savings Account.
Single Vision Lenses, Bifocal Lenses, Mutifocal Lenses, Contact Lenses	
Frames and/or Lens Enhancements: (including repair costs)	Subject to Personal Savings Account.
Readers:	R160 per beneficiary per annum.
If supplied by a registered Optometrist, Opthalmologist, Supplementary Optical Practitioner, or a Registered Pharmacy	Subject to Personal Savings Account.
PATHOLOGY AND MEDICAL TECHNOLOGY	Subject to Personal Savings Account.
Subject to the relevant Pathology Managed Healthcare Programme and Protocols.	
PHYSIOTHERAPY, BIOKINETICS AND CHIROPRACTICS	Subject to Personal Savings Account.
GENERAL RADIOLOGY	Subject to Personal Savings Account.
Subject to the relevant Radiology Managed Healthcare Programme and Protocols.	Bone Densitometry scan per beneficiary per annum in or out of hospital.
SPECIALISED RADIOLOGY	Limited to and included in the Specialised
Subject to pre-authorisation by the relevant Managed Healthcare Programme on 086 000 2121 (+27 11 671 2011)	Radiology Limit of R17 750 per family per annum. 10% upfront co-payment for non-PMB.
NON-SURGICAL PROCEDURES AND TESTS The use of the Medshield Specialist Network may apply.	Subject to Personal Savings Account.
Non-Surgical Procedures	Subject to Personal Savings Account.
Procedures and Tests in Practitioners' rooms	Unlimited.
	Refer to Addendum B for the list of services.
Routine diagnostic Endoscopic Procedures in Practitioners' rooms	Unlimited. Refer to Addendum B for the list of services.
MENTAL HEALTH	R4 470 per family per annum.
Consultations and Visits, Procedures, Assessments, Therapy, Treatment and/or	Limited to and included in the Mental Health limit
Counselling. The use of the Medshield Specialist Network may apply.	of R37 500 .

DAY-TO-DAY Benefits

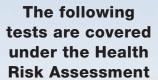
BENEFIT CATEGORY	BENEFIT LIMIT AND COMMENTS
MIRENA DEVICE Includes consultation, pelvic ultra sound, sterile tray, device and insertion thereof, if done on the same day. Subject to the 4 year clinical protocols. The use of the Medshield Specialist Network may apply. Procedure to be performed in Practitioners' rooms. On application only.	1 per female beneficiary. Subject to the Overall Annual Limit.
ADDITIONAL MEDICAL SERVICES	Subject to Personal Savings Account.
Audiology, Dietetics, Genetic Counselling, Hearing Aid Acoustics, Occupational Therapy, Orthoptics, Podiatry, Speech Therapy and Private Nurse Practitioners.	
ALTERNATIVE HEALTHCARE SERVICES	Subject to Personal Savings Account.
Only for registered: Acupuncturist, Homeopaths, Naturopaths, Osteopaths and Phytotherapists.	

WELLNESS Benefits

Your Wellness Benefit encourages you to take charge of your health through preventative tests and procedures. At Medshield we encourage members to have the necessary tests done at least once a year.

Unless otherwise specified subject to Overall Annual Limit, thereafter subject to the Personal Savings Account, excluding consultations for the following services:

BENEFIT CATEGORY	BENEFIT LIMIT AND COMMENTS
Flu Vaccination	1 per beneficiary 18+ years old to a maximum of R95.
Pap Smear	1 per female beneficiary.
Bone Density (for Osteoporosis and bone fragmentation)	1 per beneficiary 50+ years old every 3 years.
Health Risk Assessment (Pharmacy or FP)	1 per beneficiary 18+ years old per annum.
TB Test	1 test per beneficiary.
National HIV Counselling Testing (HCT)	1 test per beneficiary.
Mammogram (Breast Screening)	1 per female beneficiary 40+ years old every 2 years.
Pneumococcal Vaccination	1 per annum for high risk individuals and for beneficiaries 60+ years old.
Birth Control (Oral Contraceptive Medication)	Restricted to 1 month's supply to a maximum of 12 prescriptions per annum per female beneficiary, with a script limit of R160 . Limited to the Scheme's Contraceptive formularies and protocols.
Adult Vaccination	R360 per family per annum.
HPV Vaccination (Human Papillomavirus)	1 course of 2 injections per female beneficiary. Subject to qualifying criteria.
Child Immunisations	Immunisation programme as per the Department of Health Protocol and specific age groups.
At Birth: Tuberculosis (BCG) and Polio (OPV).	
At 6 Weeks: Polio (OPV), Diptheria, Tetanus, Whooping Cough (D	TP), Hepatitis B, Hemophilus Influenza B (HIB), Rotavirus, Pneumococcal.
At 10 Weeks: Polio, Diptheria, Tetanus, Whooping Cough (DTP), I	Hepatitis B, Hemophilus Influenza B (HIB), Rotavirus, Pneumococcal.
At 14 Weeks: Polio, Diptheria, Tetanus, Whooping Cough (DTP), I	Hepatitis B, Hemophilus Influenza B (HIB), Pneumococcal.
At 9 Months: Measles, Pneumococcal.	
At 18 Months: Polio, Diptheria, Tetanus, Whooping Cough (DTP),	Measles OR Measles, Mumps and Rubella (MMR).
At 6 Years: Polio, Diptheria and Tetanus (DT).	
At 12 Years: Diptheria and Tetanus (DT).	



- Cholesterol
- Blood Glucose
- Blood Pressure
- Body Mass Index (BMI)

Child immunisation

Through the following providers:

- Medshield Pharmacy Network Providers
- Clicks Pharmacies
- Family Practitioner Network



AMBULANCE Services

You and your registered dependants will have access to a 24 hour Helpline. Call the Ambulance and Emergency Services provider on 086 100 6337.

BENEFIT CATEGORY	BENEFIT LIMIT AND COMMENTS
EMERGENCY MEDICAL SERVICES	Unlimited.
Subject to pre-authorisation by the Ambulance and Emergency Services provider. Clinical Protocols apply.	

24 Hour access

to the Emergency Operation Centre medical advice

Emergency medical response

by road or air to scene of an emergency incident

Transfer from scene to the closest, most appropriate

facility for stabilisation and definitive care



Medically justified transfers

to special care centres or inter-facility transfers

MONTHLY Contributions

MEDISAVER OPTION	PREMIUM	SAVINGS (INCLUDED IN PREMIUM)
Principal Member	R3 129	R469
Adult Dependant	R2 625	R394
Child	R771	R116

(Contribution rate is applicable to the member's first, second and third biological or legally adopted children only, excluding students)



DIRECTORY of Medshield MediSaver Partners

SERVICE	PARTNER	CONTACT DETAILS
Ambulance and Emergency Services	Netcare 911	Contact number: 086 100 6337 (+27 10 209 8011) for members outside of the borders of South Africa
Chronic Medicines Management	Medscheme	Contact number: 086 000 2120 (+27 10 597 4701) for members outside the borders of South Africa Facsimile: +27 10 597 4706 email: medshieldcmm@medscheme.co.za
Dental Authorisations	Denis	Contact number: 086 000 2121 (+27 10 597 4701) for members outside of the borders of South Africa - Crowns/Bridges and Dental Implant Authorisations email: crowns@denis.co.za - Periodontic Applications email: perio@denis.co.za - Orthodontic Applications email: ortho@denis.co.za - Plastic Dentures email: customercare@denis.co.za In-Hospital Dental Authorisations email: hospitalenq@denis.co.za
Disease Management Programme	Medscheme	Contact number: 086 000 2121 (+27 11 671 2011) for members outside of the borders of South Africa Facsimile: +27 10 597 4706 email: diseasemanagement@medshield.co.za
HIV and AIDS Management	LifeSense Disease Management	Contact number: 24 Hour Help Line 086 050 6080 (+27 11 912 1000) for members outside of the borders of South Africa Facsimile: 086 080 4960 email: medshield@lifesense.co.za
HIV Medication Designated Service Provider (DSP)	Pharmacy Direct	Contact number: 086 002 7800 (Mon to Fri: 07h30 to 17h00) Facsimile: 086 611 4000/1/2/3 email: care@pharmacydirect.co.za
Hospital Authorisations	Medscheme	Contact number: 086 000 2121 (+27 11 671 2011) for members outside of the borders of South Africa email: preauth@medshield.co.za
Hospital Claims	Medscheme	Contact number: 086 000 2121 (+27 11 671 2011) for members outside of the borders of South Africa email: hospitalclaims@medshield.co.za
Oncology Disease Management Programme (for Cancer treatment)	ICON and Medscheme	Contact number: 086 000 2121 (+27 11 671 2011) for members outside of the borders of South Africa email: oncology@medshield.co.za Medshield has partnered with the Independent Clinical Oncology Network (ICON) for the delivery of Oncology services. Go to the ICON website: www.cancernet.co.za for a list of ICON oncologists
Optical Services	Iso Leso Optics	Contact number: 086 000 2120 (+27 10 597 4701) for members outside of the borders of South Africa Facsimile: +27 11 782 5601 email: member@isoleso.co.za

Medshield Head Office

288 Kent Avenue, Cnr of Kent Avenue and Harley Street, Ferndale email: member@medshield.co.za Postal Address: PO Box 4346, Randburg, 2125

Medshield Regional Offices

BLOEMFONTEIN

Suite 13. Office Park. 149 President Reitz Ave. Westdene email: medshield.bloem@medshield.co.za

DURBAN

Unit 4A, 95 Umhlanga Rocks Drive, Durban North email: medshield.durban@medshield.co.za

CAPE TOWN

Podium Level, Block A, The Boulevard, Searle Street, Woodstock email: medshield.ct@medshield.co.za

MEDSHIELD CONTACT CENTRE

Contact number: 086 000 2120 (+27 10 597 4701) for members outside the borders of South Africa.

Facsimile: +27 10 597 4706 email: member@medshield.co.za

EAST LONDON

Unit 3, 8 Princes Road, Vincent email: medshield.el@medshield.co.za

PORT ELIZABETH

Unit 3 (b), The Acres Retail Centre, 20 Nile Road, Perridgevale email: medshield.pe@medshield.co.za

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MEDSHIELD Medical Scheme Banking Details

Bank: Nedbank | Branch: Rivonia | Branch code: 196905 | Account number: 1969125969

WEBSITE

Our website is an informative, user-friendly online portal, providing you with easy access and navigation to key member related information. It features regular Scheme updates and a Wellness section which provides expert advice on maintaining a balanced lifestyle.

Visit www.medshield.co.za for more information and to register to view the following details:

- Membership details
- Claims status and details
- Savings balance
- Summary of used and available benefits

FRAUD

Fraud presents a significant risk to the Scheme and members. The dishonesty of a few individuals may negatively impact the Scheme and distort the principles and trust that exist between the Scheme and its stakeholders. Fraud, for practical purposes, is defined as a dishonest, unethical, irregular, or illegal act or practice which is characterised by a deliberate intent at concealment of a matter of fact, whether by words, conduct, or false representation, which may result in a financial or non-financial loss to the Scheme. Fraud prevention and control is the responsibility of all Medshield members and service providers so if you suspect someone of committing fraud, report it to us immediately.

Hotline: 0800 112 811 email: fraud@medshield.co.za

COMPLAINTS Escalation Process

In the spirit of promoting the highest level of professional and ethical conduct, Medshield Medical Scheme is committed to a complaint management approach that treats our members fairly and effectively in line with our escalation process.

In the event of a routine complaint, you may call Medshield at 086 000 2120 and request to speak to the respective Manager or the Operations Manager.

Complaints can be directed via email to complaints@medshield.co.za, which directs the complaint to the respective Manager and Operations Manager. The complaint will be dealt with in line with our complaints escalation procedure in order to ensure fair and timeous resolution.

ONLINE SERVICES - Apple iPad and Android Member Apps

It has now become even easier to manage your healthcare! Medshield members now have access to real-time, online software applications which allow members to access their member statements as well as claims information anywhere and at any time.

Aside from viewing member statements you can also use these apps for hospital pre-authorisation, to view or email your tax certificate, get immediate access to your membership details through the digital membership card on the app as well as check your claims through the claims checker functionality in real time. This service allows members to search for healthcare professionals or establishments in just a few easy steps.

The Apple Ipad App is available from iTunes and the Android version from the Playstore.

PRESCRIBED Minimum Benefits (PMB)

All members of Medshield Medical Scheme are entitled to a range of guaranteed benefits; these are known as Prescribed Minimum Benefits (PMB). The cost of treatment for a PMB condition is covered by the Scheme, provided that the services are rendered by the Scheme's Designated Service Provider (DSP) and according to the Scheme's protocols and guidelines.

What are PMBs?

The aim of PMBs is to provide medical scheme members and beneficiaries with continuous care to improve their health and well-being, and to make healthcare more affordable.

These costs are related to the diagnosis, treatment and care of the following three clusters:

CLUSTER 1

Emergency medical condition

- An emergency medical condition means the sudden and/or unexpected onset of a health condition that requires immediate medical or surgical treatment
- If no treatment is available
 the emergency may result in
 weakened bodily function,
 serious and lasting damage to
 organs, limbs or other body
 parts or even death

CLUSTER 2

Diagnostic Treatment Pairs (DTP)

- Defined in the DTP list on the Council for Medical Schemes' website. The Regulations to the Medical Schemes Act provide a long list of conditions identified as PMB conditions
- The list is in the form of Diagnosis and Treatment Pairs.
 A DTP links a specific diagnosis to a treatment and therefore broadly indicates how each of the 270 PMB conditions should be treated and covered

CLUSTER 3

26 Chronic Conditions

- The Chronic Disease List (CDL) specifies medication and treatment for these conditions
- To ensure appropriate standards of healthcare an algorithm published in the Government Gazette can be regarded as benchmarks, or minimum standards for treatment

WHY PMBs?

PMBs were created to:

- Guarantee medical scheme members and beneficiaries with continuous care for these specified diseases. This
 means that even if a member's benefits have run out, the medical scheme has to pay for the treatment of PMB
 conditions
- Ensure that healthcare is paid for by the correct parties. Medshield members with PMB conditions are entitled to specified treatments which will be covered by the Scheme

This includes treatment and medicines of any PMB condition, subject to the use of the Scheme's Designated Service Provider, treatment protocols and formularies.

WHY Designated Service Providers are important?

A Designated Service Provider (DSP) is a healthcare provider (doctor, pharmacist, hospital, etc) that is Medshield's first choice when its members need diagnosis, treatment or care for a PMB condition. If you choose not to use the DSP selected by the Scheme, you may have to pay a portion of the provider's account as a co-payment. This could either be a percentage based co-payment or the difference between the DSPs tariff and that charged by the provider you went to.

If you choose not to use the DSP selected by your scheme, you may have to pay a portion of the bill as a co-payment.

QUALIFYING to enable your claims to be paid

- One of the types of codes that appear on healthcare provider accounts is known as International Classification of Diseases ICD-10 codes. These codes are used to inform the Scheme about what conditions their members were treated for, so that claims can be settled correctly
- Understanding your PMB benefit is key to having your claims paid correctly. More details than merely an ICD-10 code are required to claim for a PMB condition and ICD-10 codes are just one example of the deciding factors whether a condition is a PMB
- In some instances you will be required to submit additional information to the Scheme. When you join a medical scheme or in your current option, you choose a particular set of benefits and pay for this set of benefits. Your benefit option contains a basket of services that often has limits on the health services that will be paid for
- Because ICD-10 codes provide information on the condition you have been diagnosed with, these codes, along
 with other relevant information required by the Scheme, help the Scheme to determine what benefits you are
 entitled to and how these benefits should be paid
- The Scheme does not automatically pay PMB claims at cost as, in its experience there is a possibility of overservicing members with PMB conditions. It therefore remains your responsibility, as the member, to contact the Scheme and confirm PMB treatments provided to you

If your PMB claim is rejected you can contact Medshield on 086 000 2120 (+27 10 597 4701) to query the rejection.

YOUR RESPONSIBILITY as a member

EDUCATE yourself about:

- The Scheme Rules
- The listed medication
- The treatments and formularies for your condition
- The Medshield Designated Service Providers (DSP)

RESEARCH your condition

- Do research on your condition
- What treatments and medications are available?
- Are there differences between the branded drug and the generic version for the treatment of your condition?



DON'T bypass the system

- If you must use a FP to refer you to a specialist, then do so.
- Make use of the Scheme's DSPs as far as possible.
- Stick with the Scheme's listed drugs for your medication

TALK to us!

- Ask questions and discuss your queries with Medshield.
- Make sure your doctor submits a complete account to Medshield.

CHECK that your account was paid

Follow up and check that your account is submitted within four months and paid within 30 days after the claim was received (accounts older than four months are not paid by medical schemes)

IMPORTANT to note

When diagnosing whether a condition is a PMB, the doctor should look at the signs and symptoms at point of consultation. This approach is called a diagnosis-based approach.

- Once the diagnosis has been made, the appropriate treatment and care is decided upon as well as where the patient should receive the treatment i.e. at a hospital, as an outpatient ,or at a doctor's rooms
- Only the final diagnosis will determine if the condition is a PMB or not
- Any unlimited benefit is strictly paid in accordance with PMB guidelines and where treatment is in line with prevailing public practice

HEALTHCARE PROVIDERS' responsibilities

Doctors do not usually have a direct contractual relationship with medical schemes. They merely submit their accounts and if the Scheme does not pay, for whatever reason, the doctor turns to the member for the amount due. This does not mean that PMBs are not important to healthcare providers or that they don't have a role to play in its successful functioning. Doctors should familiarise themselves with ICD-10 codes and how they correspond with PMB codes and inform their patients to discuss their benefits with their scheme, to enjoy guaranteed cover.

How to avoid rejected PMB claims?

- Ensure that your doctor (or any other healthcare service provider) has quoted the correct ICD-10 code on your account. ICD-10 codes provide accurate information on your diagnosis
- ICD-10 codes must also be provided on medicine prescriptions and referral notes to other healthcare providers (e.g. pathologists and radiologists)
- The ICD-10 code must be an exact match to the initial diagnosis when your treating provider first diagnosed your chronic condition or it will not link correctly to pay from the PMB benefit
- When you are registered for a chronic condition and you go to your treating doctor for your annual check-up, the account must reflect the correct ICD-10 code on the system. Once a guideline is triggered a letter will be sent to you with all the tariff codes indicating what will be covered from PMB benefits
- Only claims with the PMB matching ICD-10 code and tariff codes will be paid from your PMB benefits. If it does not match, it will link to your other benefits, if available
- · Your treatment must be in line with the Medshield protocols and guidelines

PMB CARE templates

The law requires the Scheme to establish sound clinical guidelines to treat ailments and conditions that fall under PMB regulation. These are known as ambulatory PMB Care templates.

The treatment protocol is formulated into a treatment plan that illustrates the available number of visits, pathology and radiology services as well as other services that you are entitled to, under the PMB framework.

TREATMENT Plans

Treatment Plans are formulated according to the severity of your condition. In order to add certain benefits onto your condition, your Doctor can submit a clinical motivation to our medical management team.

When you register on a Managed Care Programme for a PMB condition, the Scheme will provide you with a Treatment Plan.

When you register for a PMB condition, ask for more information on the Treatment Plan set up for you.

The treatment protocol for each condition may include the following:

- The type of consultations, procedures and investigations which should be covered
- These will be linked to the condition's ICD-10 code(s)
- The number of procedures and consultations that will be allowed for a PMB condition can be limited per condition for a patient

The frequency with which these procedures and consultations are claimed can also be managed.

Addendum A

INFERTILITY INTERVENTIONS AND INVESTIGATIONS

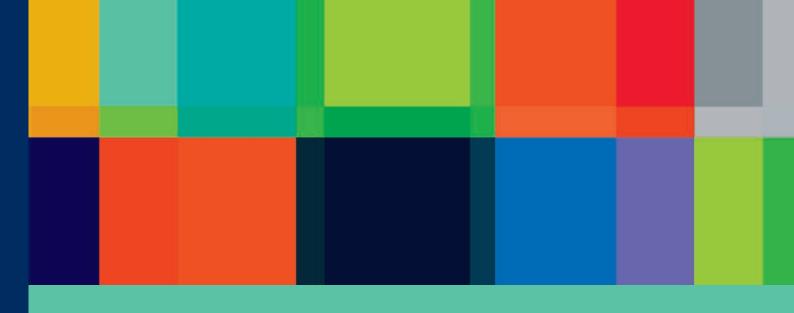
Limited to interventions and investigations as prescribed by the Regulations to the Medical Schemes Act 131 of 1998 in Addendum A paragraph 9, code 902M. This benefit will include the following procedures and interventions:

Hysterosalpinogram	Rubella
Laparoscopy	HIV
Hysteroscopy	VDRL
Surgery (uterus and tubal)	Chlamydia
Manipulation of the ovulation defects and deficiencies	Day 21 Progesteron
Semen analysis (volume, count, mobility, morphology, MAR-test)	Basic counselling and advice on sexual behaviour
Day 3 FSH/LH	Temperature charts
Oestradoil	Treatment of local infections
Thyroid function (TSH)	Prolactin

Addendum **B**

PROCEDURES AND TESTS IN PRACTITIONERS' ROOMS				
Breast fine needle biopsy	Prostate needle biopsy			
Vasectomy	Circumcision			
Excision Pterygium with or without graft	Excision wedge ingrown toenail skin of nail fold			
Excision ganglion wrist	Drainage skin abscess/curbuncle/whitlow/cyst			
Excision of non-malignant lesions less than 2cm				

ROUTINE DIAGNOSTIC ENDOSCOPIC PROCEDURES (CO-PAYMENTS WILL APPLY IN-HOSPITAL)			
Hysteroscopy	Oesophageal motility studies		
Upper and lower gastro-intestinal fibre-optic endoscopy	Fibre-optic Colonoscopy		
24 hour oesophageal PH studies	Sigmoidoscopy		
Cystoscopy	Urethroscopy		
Colposcopy (excluding after-care)	Oesophageal Fluoroscopy		





DISCLAIMERThis brochure acts as a summary and does not supersede the Registered Rules of the Scheme.

All benefits in accordance with the Registered Rules of the Scheme.

Terms and conditions of membership apply as per Scheme Rules.