



2019 Focus page

2019 Momentum Health contributions

Ingwe Option calculated contributions

Choose your monthly income	Choose your providers			Choose your family composition					
	Hospital	Chronic	Day-to-day						
<= R700	State	Ingwe Primary Care Network	Ingwe Primary Care Network	R407	R814	R757	R1 164	R1 514	R1 864
	Ingwe Network			R407	R814	R774	R1 181	R1 548	R1 915
	Any	Ingwe Active Primary Care Network	Ingwe Active Primary Care Network	R407	R814	R814	R1 221	R1 628	R2 035
R701 - R6 800	State	Ingwe Primary Care Network	Ingwe Primary Care Network	R664	R1 328	R1 022	R1 686	R2 044	R2 402
	Ingwe Network			R835	R1 670	R1 217	R2 052	R2 434	R2 816
	Any	Ingwe Active Primary Care Network	Ingwe Active Primary Care Network	R1 085	R2 170	R1 515	R2 600	R3 030	R3 460
R6 801 - R9 000	State	Ingwe Primary Care Network	Ingwe Primary Care Network	R761	R1 522	R1 127	R1 888	R2 254	R2 620
	Ingwe Network			R1 062	R2 124	R1 459	R2 521	R2 918	R3 315
	Any	Ingwe Active Primary Care Network	Ingwe Active Primary Care Network	R1 517	R3 034	R1 976	R3 493	R3 952	R4 411
R9 001 - R12 500	State	Ingwe Primary Care Network	Ingwe Primary Care Network	R887	R1 774	R1 271	R2 158	R2 542	R2 926
	Ingwe Network			R1 479	R2 958	R1 914	R3 393	R3 828	R4 263
	Any	Ingwe Active Primary Care Network	Ingwe Active Primary Care Network	R2 066	R4 132	R2 549	R4 615	R5 098	R5 581
R12 501 +	State	Ingwe Primary Care Network	Ingwe Primary Care Network	R1 533	R3 066	R1 994	R3 527	R3 988	R4 449
	Ingwe Network			R2 094	R4 188	R2 711	R4 805	R5 422	R6 039
	Any	Ingwe Active Primary Care Network	Ingwe Active Primary Care Network	R2 651	R5 302	R3 420	R6 071	R6 840	R7 609

All children are charged for

Ingwe Option individual contributions

Ingwe Option		Hospital	Chronic	Day-to-day	P	A	C
Monthly income	<= R700	State	Ingwe Primary Care Network	Ingwe Primary Care Network	R407	R407	R350
		Ingwe Network	Ingwe Primary Care Network	Ingwe Primary Care Network	R407	R407	R367
		Any	Ingwe Active Primary Care Network	Ingwe Active Primary Care Network	R407	R407	R407
	R701 - R6 800	State	Ingwe Primary Care Network	Ingwe Primary Care Network	R664	R664	R358
		Ingwe Network	Ingwe Primary Care Network	Ingwe Primary Care Network	R835	R835	R382
		Any	Ingwe Active Primary Care Network	Ingwe Active Primary Care Network	R1 085	R1 085	R430
	R6 801 - R9 000	State	Ingwe Primary Care Network	Ingwe Primary Care Network	R761	R761	R366
		Ingwe Network	Ingwe Primary Care Network	Ingwe Primary Care Network	R1 062	R1 062	R397
		Any	Ingwe Active Primary Care Network	Ingwe Active Primary Care Network	R1 517	R1 517	R459
	R9 001 - R12 500	State	Ingwe Primary Care Network	Ingwe Primary Care Network	R887	R887	R384
		Ingwe Network	Ingwe Primary Care Network	Ingwe Primary Care Network	R1 479	R1 479	R435
		Any	Ingwe Active Primary Care Network	Ingwe Active Primary Care Network	R2 066	R2 066	R483
	R12 501 +	State	Ingwe Primary Care Network	Ingwe Primary Care Network	R1 533	R1 533	R461
		Ingwe Network	Ingwe Primary Care Network	Ingwe Primary Care Network	R2 094	R2 094	R617
		Any	Ingwe Active Primary Care Network	Ingwe Active Primary Care Network	R2 651	R2 651	R769

All children are charged for

Impact Option calculated contributions

Your providers			Choose your family composition					
Hospital	Chronic	Day-to-day						
Impact Network	Impact Primary Care Network	Impact Primary Care Network	R2 229	R4 458	R2 895	R5 124	R5 790	R6 456

All children are charged for

Impact Option individual contributions

Impact Option	Hospital	Chronic	Day-to-day	P	A	C
	Impact Network	Impact Primary Care Network	Impact Primary Care Network	R2 229	R2 229	R666

All children are charged for

Custom Option calculated contributions

Choose your **providers**

Choose your **family composition**

Hospital		Family Composition					
Chronic							
Associated	Any	R2 113	R3 780	R2 858	R4 525	R5 270	R6 015
	Associated	R1 944	R3 451	R2 631	R4 138	R4 825	R5 512
	State	R1 515	R2 661	R2 052	R3 198	R3 735	R4 272
Any	Any	R2 521	R4 545	R3 421	R5 445	R6 345	R7 245
	Associated	R2 304	R4 104	R3 141	R4 941	R5 778	R6 615
	State	R1 938	R3 400	R2 648	R4 110	R4 820	R5 530

Maximum of 3 children charged for

Custom Option individual contributions

Custom Option

Hospital	Chronic	P	A	C
Associated	Any	R2 113	R1 667	R745
	Associated	R1 944	R1 507	R687
	State	R1 515	R1 146	R537
Any	Any	R2 521	R2 024	R900
	Associated	R2 304	R1 800	R837
	State	R1 938	R1 462	R710

Maximum of 3 children charged for

Incentive Option calculated contributions

Choose your providers

Choose your family composition

Choose your providers		Choose your family composition					
Hospital	Chronic						
Associated	Any	R3 012	R5 435	R4 138	R6 561	R7 687	R8 813
	Associated	R2 770	R4 973	R3 822	R6 025	R7 077	R8 129
	State	R2 006	R3 589	R2 775	R4 358	R5 127	R5 896
Any	Any	R3 406	R6 173	R4 733	R7 500	R8 827	R10 154
	Associated	R3 014	R5 433	R4 198	R6 617	R7 801	R8 985
	State	R2 464	R4 406	R3 438	R5 380	R6 354	R7 328

Maximum of 3 children charged for

Incentive Option individual contributions

Incentive Option	Hospital	Chronic				
			P	A	C	
Associated	Associated	Any	Total contribution	R3 012	R2 423	R1 126
			Risk contribution	R2 711	R2 181	R1 013
			Savings 10%	R301	R242	R113
		Annual Savings	R3 612	R2 904	R1 356	
		Associated	Total contribution	R2 770	R2 203	R1 052
			Risk contribution	R2 493	R1 983	R947
			Savings 10%	R277	R220	R105
		Annual Savings	R3 324	R2 640	R1 260	
		State	Total contribution	R2 006	R1 583	R769
	Risk contribution		R1 805	R1 425	R692	
	Savings 10%		R201	R158	R77	
	Annual Savings	R2 412	R1 896	R924		
Any	Any	Total contribution	R3 406	R2 767	R1 327	
		Risk contribution	R3 065	R2 490	R1 194	
		Savings 10%	R341	R277	R133	
	Annual Savings	R4 092	R3 324	R1 596		
	Associated	Total contribution	R3 014	R2 419	R1 184	
		Risk contribution	R2 713	R2 177	R1 066	
		Savings 10%	R301	R242	R118	
	Annual Savings	R3 612	R2 904	R1 416		
	State	Total contribution	R2 464	R1 942	R974	
Risk contribution		R2 218	R1 748	R877		
Savings 10%		R246	R194	R97		
Annual Savings	R2 952	R2 328	R1 164			

Maximum of 3 children charged for

Extender Option calculated contributions

Choose your providers

Choose your family composition

Hospital		Family Composition					
	Chronic						
Associated	Any	R5 684	R10 263	R7 292	R11 871	R13 479	R15 087
	Associated	R5 240	R9 457	R6 747	R10 964	R12 471	R13 978
	State	R4 580	R8 053	R5 927	R9 400	R10 747	R12 094
Any	Any	R6 464	R11 669	R8 319	R13 524	R15 379	R17 234
	Associated	R5 813	R10 496	R7 486	R12 169	R13 842	R15 515
	State	R5 249	R9 558	R6 792	R11 101	R12 644	R14 187

Maximum of 3 children charged for

Extender Option individual contributions

Extender Option

Hospital	Chronic	P A C			
Associated	Any	Total contribution	R5 684	R4 579	R1 608
		Risk contribution	R4 263	R3 434	R1 206
		Savings 25%	R1 421	R1 145	R402
		Annual Savings	R17 052	R13 740	R4 824
		Threshold	R20 800	R18 000	R6 200
	Associated	Total contribution	R5 240	R4 217	R1 507
		Risk contribution	R3 930	R3 163	R1 130
		Savings 25%	R1 310	R1 054	R377
		Annual Savings	R15 720	R12 648	R4 524
		Threshold	R20 800	R18 000	R6 200
	State	Total contribution	R4 580	R3 473	R1 347
		Risk contribution	R3 435	R2 605	R1 010
Savings 25%		R1 145	R868	R337	
Annual Savings		R13 740	R10 416	R4 044	
Threshold		R20 800	R18 000	R6 200	
Any	Any	Total contribution	R6 464	R5 205	R1 855
		Risk contribution	R4 848	R3 904	R1 391
		Savings 25%	R1 616	R1 301	R464
		Annual Savings	R19 392	R15 612	R5 568
		Threshold	R20 800	R18 000	R6 200
	Associated	Total contribution	R5 813	R4 683	R1 673
		Risk contribution	R4 360	R3 512	R1 255
		Savings 25%	R1 453	R1 171	R418
		Annual Savings	R17 436	R14 052	R5 016
		Threshold	R20 800	R18 000	R6 200
	State	Total contribution	R5 249	R4 309	R1 543
		Risk contribution	R3 937	R3 232	R1 157
Savings 25%		R1 312	R1 077	R386	
Annual Savings		R15 744	R12 924	R4 632	
Threshold		R20 800	R18 000	R6 200	

Maximum of 3 children charged for

Summit Option calculated contributions

Your providers			Choose your family composition					
Hospital	Chronic	Day-to-day						
Any	Freedom-of-choice	Freedom-of-choice	R9 269	R16 682	R11 398	R18 811	R20 940	R23 069

Maximum of 3 children charged for

Summit Option individual contributions

Summit Option	Hospital	Chronic	Day-to-day	P	A	C
	Any	Freedom-of-choice	Freedom-of-choice	R9 269	R7 413	R2 129

Maximum of 3 children charged for

P = Principal A = Adult C = Child

On the Ingwe and Impact Options, all children are charged for.

On the Custom, Incentive, Extender and Summit Options, a maximum of 3 children are charged for.