

## MEDXXI 2019 ☎ 0860 78 73 72 ♠ expert@selfmed.co.za

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△ Self Funded

100% of Cost

100% of Medical Scheme Rate

DESCRIPTION OF SERVICE/TREATMENT	SERVICES RENDERED AS PART OF HOSPITALISATION - SUBJECT TO PRE-AUTHORISATION	SERVICES RENDERED NOT AS PART OF HOSPITALISATION	
HOSPITALISATION			
Accommodation, theatre, medicine and material use whilst hospitalised	100% of Agreed Tariff	Not Applicable	
Outpatient treatment at hospital facility	Not Applicable	Limited to R 1,050.00 per family per annum for treatment at a hospitals out-patient facility or emergency rooms	
Medicine received on discharge from hospital	100% of Agreed Tariff (RP Applies), if purchased on date of dis-		
MEDICAL PRACTITIONERS			
Consultations / Visits	Unlimited	Δ	
Radiology	Unlimited	Except for 1 Mammogram per year, except for PMB	
Pathology	Unlimited	Except if treatment forms part of Disease Management Programme and 1 Pap Smear per year by General Practitioner, except for PMB	
ECHO-tests	Unlimited	$\bigtriangleup$	
MRI-, CT scans and Radio-Isotope studies (Benefits subject to separate pre-authorisation)	for MRI-scans, computed tomography and radio-isotope studies, subject to obtaining a PAR, additional to the PAR required for hospitalisation. Benefit is limited to 2 scans per beneficiary and an overall limit of R 15,000.00 per family. A co-payment of R 2,100.00 will apply	for MRI-scans, computed tomography and radio-isotope studies, subject to obtaining a PAR, additional to the PAR required for hospitalisation. Benefit is limited to 2 scans per beneficiary and an overall limit of R 15,000.00 per family. A co-payment of R 2,100.00 will apply	
Clinical Procedures	<ul> <li>Unlimited</li> <li>Co-payments applicable to certain elective procedures, unless funded as PMB treatment. Please refer to Members' Guide for details. No benefits for elective procedures unless funded as PMB treatment:         <ul> <li>Joint Replacements</li> <li>Spinal Surgery</li> </ul> </li> </ul>	<ul> <li>Subject to pre-authorisation:         <ul> <li>Upper and lower gastro-intestinal endoscopy (excl. sigmoidoscopy and anoscopy)</li> <li>Laser tonsillectomy</li> <li>24-hour oesophageal pH studies</li> <li>Oesophageal motility</li> <li>Yag laser</li> <li>Photocoagulation therapy</li> <li>Photodynamic therapy</li> </ul> </li> <li>All other clinical procedures</li> </ul>	
Cochlear Implants	() Limited to R 30,200.00 per implant	Not Applicable	
Material and injection material administered in doctor's rooms	Not Applicable	$\wedge$	
MATERNITY	Νοι Αμρισαρίο		
Ante-natal Classes and Foetal Scans	Unlimited	Pre-childbirth Education paid at 100% of Cost and/ or Ultrasound Scans paid at 100% of Medical Scheme Rate per Year, subject to a combined limit of R 1,790.00	
Ante-Natal Consultations	Not Applicable	per Family per Year           Limited to 2 per year	
Confinement	100% of Agreed Tariff in respect of hospitalisation and 100% M	ISR in respect of Associated Provider services - Unlimited	
AUXILIARY SERVICES			
Physiotherapy and Biokinetics	Unlimited	$\triangle$	
Medical Technology	Unlimited	$\triangle$	
Clinical Technology	Unlimited	$\triangle$	
Speech Therapy and Occupational Therapy	Unlimited - Treatment must form part of	$\Delta$	
Podiatry, Orthoptic treatment, Hearing Aid Acoustics, consultations with Dietitians, Chiropractors, Osteopaths, Homeopaths, Naturopaths and Herbalists	Case Management Program	$\bigtriangleup$	
Aromatherapy, Acupuncture and Reflexology	$\triangle$	$\land$	
OPTICAL			
Consultation	Not Applicable	$\wedge$	
Spectacles and Contact Lenses	Not Applicable	$\Delta$	
Refractive Surgery	$\triangle$	$\Delta$	
SECONDARY FACILITIES			
Treatment that forms part of a Case Management Programme OS Subject to approval by Case Manager			
REHABILITATION	Only for cases managed as part of a Case Management Programme, where a medical report was submitted by the attending Physician		
AMBULANCE SERVICES			
Preferred Provider (ER24)	Not Applicable	100% of Agreed Tariff - For emergency transport to and from a hospital	
Non-preferred Provider	Not Applicable	Limited to R 2,950.00 per family per year, limit will not apply to PMB	

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BLOOD TRANSFUSIONS	Subject to pre-authorisation		
MEDICAL AND SURGICAL PROSTHESIS / APPLIANCES			
Internal Prosthesis	Specific sub-categories with limits apply. Please refer to Member Guide for details		
External Prosthesis	Limited to R 56,300.00 per family per year - subject to approval by Case Manager		
Orthopaedic Appliances	Limited to R 8,000.00 per family per year – subject to Case Management		
Medical Appliances	Not Applicable	Δ	
Hearing Aids	Not Applicable	$\Delta$	
DENTISTRY			
Basic	$\Delta$	Δ	
Specialised	Δ	Δ	
MAXILLA-FACIAL AND ORAL SURGERY			
Elective	$\triangle$	Δ	
Non-elective (excluding extractions)	C R 1,800.00 co-payment applies - in the event of PMB, 100% of Cost - Subject to PMB protocol	Unlimited - In the event of PMB, 100% of Cost - Subject to PMB protocol	
Implantology	$\bigtriangleup$	$\bigtriangleup$	
PRESCRIBED MEDICINE			
Chronic (Member must apply for benefit)	Not Applicable	Except PMB	
Acute	Not Applicable	Δ	
Immunisations	Not Applicable	Δ	
Oral & Injectable Contraceptives	Not Applicable	Limited to R 1,680.00 per family per year	
NON-PRESCRIBED MEDICINE (PAT)	Not Applicable	$\bigtriangleup$	
CASE MANAGED / DISEASE MANAGED CONDITIONS / PROCEDURES			
Organ Transplants	The following benefits apply to organ donors in RSA: R 44,800.00 for a live donor, R 26,800.00 for a cadaver. Benefit in respect of donors only allowed if the recipient of the organ is a beneficiary of the Scheme. Specific Radiology and Pathology tests associated with transplant procedure also qualify for benefit. Limit will not apply to PMB		
Chronic Renal Failure	For Kidney Dialysis, incl. associated Radiology and Pathology tests - Unlimited		
Oncology	100% of Agreed Tariff - Benefit managed as part of an Oncology Benefit Management Programme and subject to use of Preferred Provider Network. Overall limit of R 177,000.00 per family per year. No benefit for Biological drugs.		
Asthma, Chronic Obstructive Airways Disease, Diabetes and Cardiocare	Benefit managed by the Scheme and payable as per the applicable benefit described elsewhere in this summary		
Oxygen Therapy	For Oxygen Therapy (cylinders included) subject to Case Management		
Human Papillomavirus Vaccine (HPV)	Benefit Subject to Authorisation on Disease Management Programme and provided that condition forms part of Disease Management protocol. Further subject to member being registered on the Programme and member being compliant		
Mammograms and Pap Smears	Benefit subject to Disease Management protocol		
FOREIGN CLAIMS	Namibian claims only		
AIDS AND HIV Benefits managed as part of a Disease Management Programme			
MENTAL HEALTH			
Clinical Psychology	Unlimited - provided that treatment must form part of Case Management Programme	$\Delta$	
Psychiatry	Provided that treatment forms part of Case Management Program. To be obtained in a mental health institution, as approved by the Scheme		
PRESCRIBED MINIMUM BENEFITS (PMB)	Benefits subject to application and provided that the treatment and/or chronic medicine is received from a Designated Service Provider. If voluntarily obtained from any other provider, a 40% co-payment will apply. Scheme protocol apply		
CONTRIBUTIONS - EFFECTIVE 1 JANUARY 2019 CONTRIBUTIONS:	Principal member         Additional Adult Dep           R 2,051.00         R 2,040.00	pendant Additional Minor Dependant (payable up to maximum 3) <b>R 820.00</b>	

ABBREVIATIONS: RP = Reference Pricing PMB = Prescribed Minimum Benefits MSR = Medical Scheme Rate This is only a summary of the Benefits and Contributions. In case of a dispute the Registered Scheme Rules apply. Reg. No: 1446