



SELFNET ESSENTIAL 2019

0860 78 73 72

expert@selfmed.co.za

www.selfmed.co.za

△ Self Funded

🕒 100% of Cost

🕒 100% of Network Rate

DESCRIPTION OF SERVICE/TREATMENT	SERVICES RENDERED AS PART OF HOSPITALISATION - SUBJECT TO PRE-AUTHORISATION	SERVICES RENDERED NOT AS PART OF HOSPITALISATION
HOSPITALISATION - ONLY PMB		
Accommodation, theatre, medicine and material use whilst hospitalised	100% of Negotiated Tariff at Scheme's DSP, limited to PMB	Not Applicable
Out-patient treatment at hospital facility	Not Applicable	△
Medicine received on discharge from hospital	🕒 (RP applies), if purchased on date of discharge, limited to a maximum of 7 days supply	
MEDICAL PRACTITIONERS		
General Consultations/Visits	🕒 Unlimited - Subject to PMB treatment and protocol	△
Specialist Practitioners Consultations/Visits	🕒 Unlimited - Subject to PMB treatment and protocol	△
Basic Radiology	🕒 Unlimited - Subject to PMB treatment and protocol	△
MRI, CT scans and Radio-Isotope studies (Benefits subject to separate pre-authorisation)	🕒 For MRI, CT scans, performed in or out of hospital, subject to PMB regulation, obtaining a PAR, motivation and approval	
Basic Pathology	🕒 Unlimited - Subject to PMB treatment and protocol	No benefit unless treatment forms part of PMB treatment and protocol
Clinical Procedures	🕒 Unlimited - Subject to PMB treatment and protocol	No benefits will be allowed for elective Clinical Procedures, unless treatment forms part of PMB protocol
Material and injection material administered in doctor's rooms	Not Applicable	△
MATERNITY		
Confinement	Subject to pre-authorisation and Network Provider referral proces	Not Applicable
AUXILIARY SERVICES		
Physiotherapy	🕒 Unlimited - Subject to PMB treatment and protocol	△
Medical Technology	🕒 Unlimited - Subject to PMB treatment and protocol	△
Clinical Technology	🕒 Unlimited - Subject to PMB treatment and protocol	△
Speech Therapy and Occupational Therapy	🕒 Unlimited - Subject to PMB treatment and protocol	△
Podiatry, Orthoptic treatment, Hearing Aid Acoustics, consultations with Dietitians, Chiropractors, Osteopaths, Homeopaths, Naturopaths, Herbalists and Biokinetics	△	△
Aromatherapy, Acupuncture and Reflexology	△	△
OPTICAL		
Consultation	Not Applicable	△
Spectacles and Contact Lenses	Not Applicable	△
Refractive Surgery	△	△
SECONDARY FACILITIES		
Treatment that forms part of a Case Management Programme	🕒 Subject to approval by Case Manager and PMB regulation	
REHABILITATION		
	△ Except for cases managed as part of a Case Management Programme, where a medical report was submitted by the attending Physician. PMB regulation will apply	

DESCRIPTION OF SERVICE/TREATMENT	SERVICES RENDERED AS PART OF HOSPITALISATION - SUBJECT TO PRE-AUTHORISATION	SERVICES RENDERED NOT AS PART OF HOSPITALISATION
AMBULANCE SERVICES		
Preferred Provider (ER24)	Not Applicable	🕒 For emergency transport to and from a hospital
Non-preferred Provider	Not Applicable	△
BLOOD TRANSFUSIONS	🕒 Subject to pre-authorisation - Limited to PMB	△
MEDICAL AND SURGICAL PROSTHESIS / APPLIANCES		
Internal Prosthesis		Funded as PMB treatment only
External Prosthesis		Funded as PMB treatment only
Orthopaedic Appliances		Funded as PMB treatment only
Medical Appliances		Funded as PMB treatment only
Hearing Aids	Not Applicable	△
DENTISTRY		
Basic	△	△
Specialised	△	△
MAXILLA-FACIAL AND ORAL SURGERY		
Elective	△	△
Non-elective	🕒 Limited to PMB and subject to pre-authorisation and Network Clinical Protocol	△
Implantology	△	△
PRESCRIBED MEDICINE		
Chronic (Member must apply for benefit)	Not Applicable	Benefit is subject to approval and in accordance with the CDL Chronic Medicine Formulary. Medication to be supplied by Network Provider
Acute	Not Applicable	△
Immunisations	Not Applicable	△
NON-PRESCRIBED MEDICINE (PAT)	Not Applicable	△
CASE MANAGED / DISEASE MANAGED CONDITIONS / PROCEDURES		
Organ Transplants	Benefits will only be allowed in respect of heart-, lung-, heart- and lung-, bone-marrow, kidney- and liver transplants. Benefits will apply in respect of a donor, provided that the donor is in RSA and further subject to the recipient being a beneficiary of the Scheme. Specific Radiology and Pathology tests associated with transplant procedure also qualify for benefit	
Chronic Renal Failure	🕒 For Kidney Dialysis, including associated Radiology and Pathology tests - subject to PMB protocol	
Oncology	Benefits are payable for PMB only. Benefit managed as part of a Disease Management Programme and use of the Scheme's DSP network. No benefit for Biological drugs	
Asthma, Chronic Obstructive Airways Disease, Diabetes and Cardiac care	Benefit managed by the Scheme and payable as per the applicable benefit described elsewhere in this summary	
Oxygen therapy	🕒 For Oxygen therapy (cylinders included) subject to Case Management	
AIDS AND HIV	Benefits managed as part of a Disease Management Programme	
FOREIGN CLAIMS	No benefit, except for Namibian claims	
MENTAL HEALTH		
Clinical Psychology & Psychiatry	Benefits for treatment out of hospital are subject to pre-authorisation, Case management through treatment plan and subject to PMB regulation	Benefits for treatment in hospital are subject to pre-authorisation, Case management through treatment plan and subject to PMB regulation
PRESCRIBED MINIMUM BENEFITS (PMB)	Benefits subject to application and provided that the treatment and/or chronic medicine is received from a Designated Service Provider. If voluntarily obtained from any other provider, a co-payment of 40% will apply. Scheme protocol apply	

CONTRIBUTIONS - EFFECTIVE 1 JANUARY 2019

CONTRIBUTIONS:

Principal member

R 984.00

Additional Adult Dependant

R 984.00

Additional Minor Dependant
(payable up to maximum 3)

R 349.00

Abbreviations RP = Reference Pricing **PMB** = Prescribed Minimum Benefits

This is only a summary of the Benefits and Contributions. In case of a dispute the Registered Scheme Rules apply. Reg. No: 1446