

**SELFNET** 2019

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△ Self Funded

100% of Cost

100% of Network Rate

DESCRIPTION OF SERVICE/TREATMENT	SERVICES RENDERED AS PART OF HOSPITALISATION - SUBJECT TO PRE-AUTHORISATION	SERVICES RENDERED NOT AS PART OF HOSPITALISATION			
HOSPITALISATION - ONLY PMB					
Accommodation, theatre, medicine and material use whilst hospitalised	100% of Negotiated Tariff at Scheme's DSP, limited to PMB	Not Applicable			
Out-patient treatment at hospital facility	Not Applicable	Benefits as described in respect of Medical Practitioners, limited to three consultations, subject to R 1,050.00 limit. Account payable upfront by member and submitted to Network for refunce in accordance with the Network protocol and benefit limit			
Medicine received on discharge from hospital	(RP applies), if purchased on date of discharge, limited to a maximum of 7 days supply				
MAJOR MEDICAL BENEFITS - NON-PMB					
Adenoidectomy, Tonsillectomy and Grommets	Maximum benefit limit of R 12,000.00 per family per year, subject to pre-authorisation and procedure being performed in a day hospital	Not Applicable			
MEDICAL PRACTITIONERS					
General Consultations/Visits	Unlimited - Subject to PMB protocol	Via the Network GP for all medically necessary consultations per beneficiary. Cover includes basic primary care services. Minor trauma treatment subject to the listed tariffs			
Specialist Practitioners Consultations/Visits	Unlimited - Subject to PMB protocol	Via the Network provider, subject to a combined limit of R 1,185.00 per Beneficiary per year for cost of consultation, medication, procedures and radiology and pathology related to the authorised out of hospital specialised visit, limited to a maximum of R 2,370.00 per family per year			
Basic Radiology	Unlimited - Subject to PMB protocol	Subject to the Network protocol, formulary and referral by a Network GP			
MRI-, CT scans and Radio-Isotope studies (Benefits subject to separate pre-authorisation)	for MRI and CT scans, performed in or out of hospital, subject to PMB regulations, obtaining a PAR, motivation and approval. MRI and CT scans will be covered to a maximum of R 500.00, should scan confirm non-PMB condition, subject to the General Practitioner - Out of Network/ Emergency visits limit of R 1,050.00 per annum				
Basic Pathology	Unlimited - Subject to PMB protocol	Subject to the Network protocol, formulary and referral by a Network GP			
Clinical Procedures	Unlimited but subject to PMB treatment and protocol	No benefits will be allowed for elective Clinical Procedures, unless treatment forms part of PMB			
Material and injection material administered in doctor's rooms	Not Applicable	Subject to the Network protocol, formulary and referral by a Network GP			
MATERNITY					
Foetal Scans	Unlimited - subject to PMB protocol	Subject to the Network protocol, formulary and referral by a Network GP			
Ante-Natal Specialist Consultations	Not Applicable	Subject to combined Specialist Practitioners Consultations/ Visits benefit			
Confinement	Subject to pre-authorisation and Network Provider referral process, limited to PMB	Not Applicable			
AUXILIARY SERVICES					
Physiotherapy	Unlimited - Subject to PMB protocol	$\triangle$			
Medical Technology	Unlimited - Subject to PMB protocol	$\bigtriangleup$			
Clinical Technology	Unlimited - Subject to PMB protocol	$\Delta$			
Speech Therapy and Occupational Therapy	Unlimited - Subject to PMB protocol	$\Delta$			
Podiatry, Orthoptic treatment, Hearing Aid Acoustics, consultations with Dietitians, Chiropractors, Osteopaths, Homeopaths, Naturopaths, Herbalists and Biokinetics		$\Delta$			
Aromatherapy, Acupuncture and Reflexology	$\triangle$	$\bigtriangleup$			
OPTICAL		1			
Consultation	Not Applicable	For one examination per beneficiary per 24 months at the Network Optometrist			
Spectacles and Contact Lenses	Not Applicable	One pair of clear standard mono-focal, bi-focal or multi-focal lenses plus standard frame from a selection OR One set of approved contact lenses to the value of R 480.00 per Beneficiary per 24 months at the Network Optometrist. Frames other than the pre-selection of frames limited to R 185.00			
Refractive Surgery	$\triangle$	$\triangle$			
SECONDARY FACILITIES		1			
Treatment that forms part of a Case Management Programme	Subject to approval by Ca	ase Manager and PMB regulation			
REHABILITATION	To be self-funded, except for cases managed as part of a Case Management Programme, where a medical report was submitted by the attending Physician. PMB regulation will apply				

AMBULANCE SERVICES					
Preferred Provider (ER24)	Not Applicable		For emergency	transport to and from a hospital	
Non-preferred Provider	Not Applicable		Δ		
BLOOD TRANSFUSIONS	$\bigcirc$		Subject to pre-a	uthorisation - Limited to PMB	
MEDICAL AND SURGICAL PROSTHESIS / APPLIANCES			·		
Internal Prosthesis	Funded as PMB treatment only				
External Prosthesis	Funded as PMB treatment only				
Orthopaedic Appliances	Funded as PMB treatment only				
Medical Appliances	Funded as PMB treatment only				
Hearing Aids	Not Applicable		Δ		
DENTISTRY					
Basic	$\triangle$		O Subject to the Network protocol, list of codes and the use of a Network dentist		
Specialised	Δ		Δ		
MAXILLA-FACIAL AND ORAL SURGERY					
Elective	Δ		Δ		
Non-elective	Limited to PMB and subject to pre-authorisation and Network Clinical Protocol				
Implantology	$\bigtriangleup$		Δ		
PRESCRIBED MEDICINE					
Chronic (Member must apply for benefit)	Not Applicable		Benefit is subject to approval and in accordance with the CDL Chronic Medicine Formulary. Medication to be supplied by Network Provider		
Acute	Not Applicable		(Subject to Reference Pricing) for Medicine, provided that it is prescribed or supplied by a Network GP and is subject to Network formulary		
Immunisations	Not Applicable		Δ		
NON-PRESCRIBED MEDICINE (PAT)	Not Applicable				
CASE MANAGED / DISEASE MANAGED CONDITIONS / PROCED	URES				
Organ Transplants	Benefits will only be allowed in respect of heart-, lung-, heart- and lung-, bone-marrow, kidney- and liver transplants. Benefits will apply in respect of a donor, provided that the donor is in RSA and further subject to the recipient being a beneficiary of the Scheme. Specific Radiology and Pathology tests associated with transplant procedure also qualify for benefit				
Chronic Renal Failure	For Kidney Dialysis, including associated Radiology and Pathology tests - Unlimited				
Oncology	Benefits are payable for PMB only. Benefit managed as part of a Disease Management Programme and use of the Scheme's DSP network. No benefit for Biological drugs				
Asthma, Chronic Obstructive Airways Disease, Diabetes and Cardiocare	Benefit managed by the Scheme and payable as per the applicable benefit described elsewhere in this summary				
Oxygen therapy	For Oxygen therapy (cylinders included) subject to Case Management				
AIDS AND HIV	Benefits managed as part of a Disease Management Programme				
FOREIGN CLAIMS Namibian claims only					
MENTAL HEALTH					
Clinical Psychology & Psychiatry	Benefits for treatment during hospitalisation are subject to pre-authorisation and referral by Network GP Benefits for treatment out of hospital are subject to pre-authorisation and referral by Network GP Benefits for treatment out of hospital are subject to pre-authorisation and referral by network GP Benefits for treatment out of hospital are subject to pre-authorisation and referral by network GP Benefits for treatment out of hospital are subject to pre-authorisation and referral by network GP Benefits for treatment out of hospital are subject to pre-authorisation and referral by network GP Benefits for treatment out of hospital are subject to pre-authorisation and referral by network GP Benefits for treatment out of hospital are subject to pre-authorisation and referral by network GP Benefits for treatment out of hospital are subject to pre-authorisation and referral by network GP Benefits for treatment out of hospital are subject to pre-authorisation and referral by network GP Benefits for treatment out of hospital are subject to pre-authorisation and referral by network GP Benefits for treatment out of hospital are subject to pre-authorisation and referral by network GP Benefits for treatment out of hospital are subject to pre-authorisation and referral by network GP Benefits for treatment out of hospital are subject to pre-authorisation and referral by network GP Benefits for treatment out of hospital are subject to pre-authorisation and referral by network GP				
PRESCRIBED MINIMUM BENEFITS (PMB)	Benefits subject to application and provided that the treatment and/or chronic medicine is received from a Designated Service Provider. Please refer to Member Guide for detail. If voluntarily obtained from any other provider, a co-payment of 40% will apply. Scheme protocol apply				
CONTRIBUTIONS - EFFECTIVE 1 JANUARY 2019 CONTRIBUTIONS:	Principal member R1,371.00	Additional Adult Dep	pendant	Additional Minor Dependant (payable up to maximum 3) <b>R 484.00</b>	

Abbreviations RP = Reference Pricing PMB = Prescribed Minimum Benefits This is only a summary of the Benefits and Contributions. In case of a dispute the Registered Scheme Rules apply. Reg. No: 1446